

Suicide Prevention Week in Fayette



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The Fayette County Commissioners were joined by members of the county's suicide prevention taskforce, C.A.L.L (Community Awareness of Life and Loss), individuals in recovery and local behavioral health professionals to proclaim **September 9-15 as Suicide Prevention Week**.

Family members, friends, and neighbors need to know about risk factors for suicide. They may include advancing age, chronic health problems, use of many medications, changes in health status, a previous suicide attempt, multiple losses, and firearms in the home. If you see signs there are several things you can do:

- Do not be afraid to ask if the person has thoughts about suicide. You will not be giving them new ideas.
- Do not act surprised or shocked. This will make them withdraw from you.
- Continue talking and ask how you can help.
- Do not be sworn to secrecy. Get help from persons or agencies that specialize in crisis intervention.

There is help in the community. If you believe there is a risk for suicide, contact a professional immediately. Call the National Suicide Prevention Lifeline at 1-800-273-TALK, the local crisis line at 724-437-1003, a family physician, or a medical emergency room. Not all suicides can be prevented, but we can be vigilant for the signs of this silent killer.

For more information about C.A.L.L.'s suicide prevention and awareness efforts or for assistance in seeking behavioral health services please contact Fayette County Behavioral Health Administration at 724-430-1370 or visit their website at www.fcbha.org