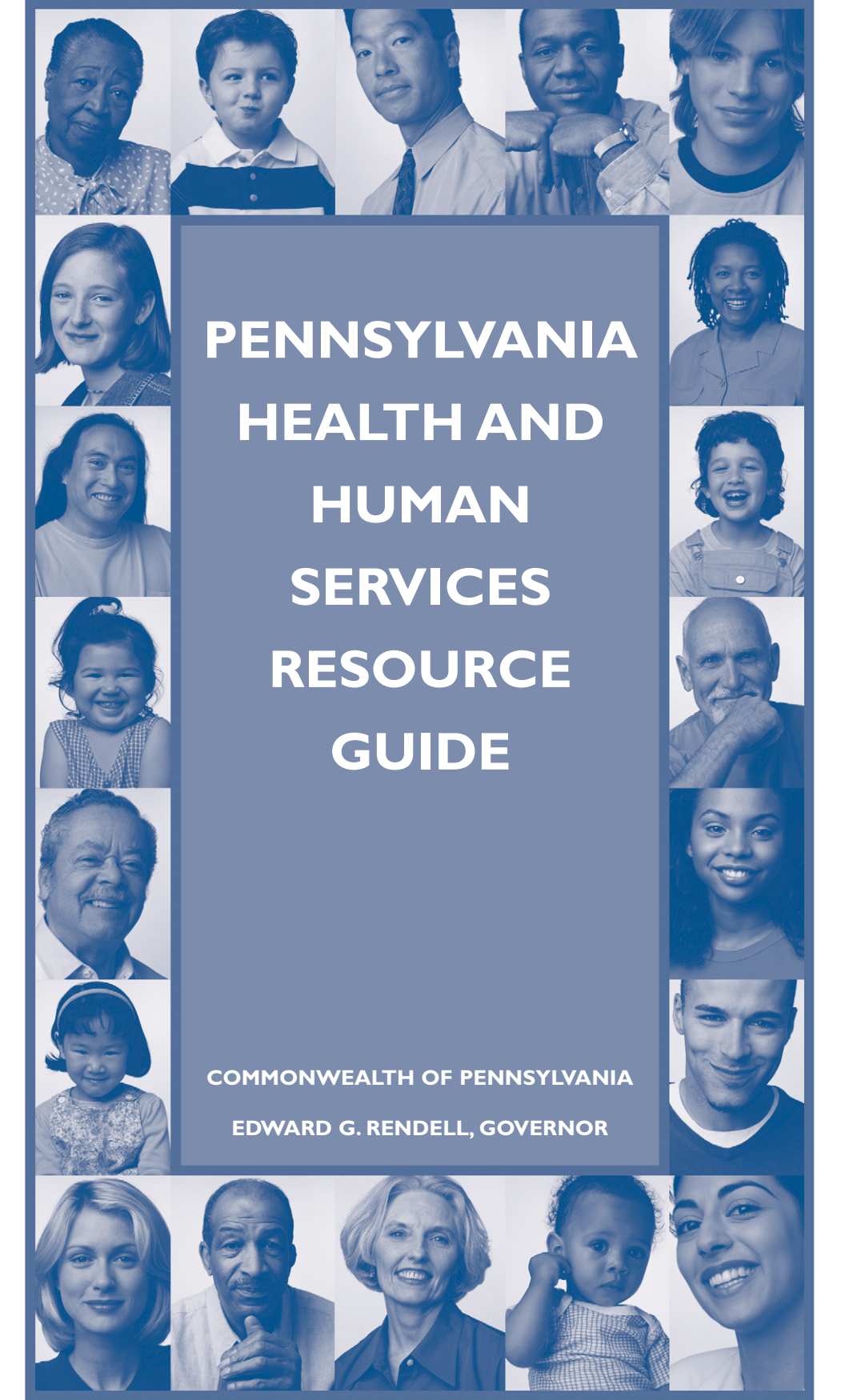


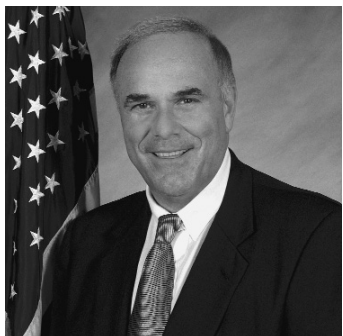


PENNSYLVANIA HEALTH AND HUMAN SERVICES RESOURCE GUIDE

COMMONWEALTH OF PENNSYLVANIA

EDWARD G. RENDELL, GOVERNOR

A MESSAGE FROM GOVERNOR EDWARD G. RENDELL



It is my pleasure to present to you the Pennsylvania Health and Human Services Resource Guide, your all in one handbook for the services that are available to you as a Pennsylvania resident.

We're committed to your well-being, and I hope that this handbook will give you the easiest and most streamlined access to information and resources that will improve your quality of life.

You also should know about the many services that are available to you through the Health and Human Services Call Center, explained on page 3. With one toll-free call to any help line at the Call Center, you're able to find help that's available from the PA Departments of Aging, Health, Insurance and Public Welfare, as well as in your community. We encourage you to go to the Call Center's Web site at www.HelpinPA.state.pa.us.

There is a fast, easy way to apply for many of these services on a computer. It is called COMPASS (see page 4). With the click of a button, you can learn about services, see if you qualify for programs, apply for those services and reapply when it's time for renewal. Visit www.COMPASS.state.pa.us to try it out.

We want everyone in Pennsylvania to be healthy and live life to the fullest. We hope this guide can help you achieve that goal. Please take the time to read about the resources available to you in this guide. Use the contact information to obtain more details about resources that could improve your quality of life.

Best Wishes,

A handwritten signature in black ink that reads "Edward G. Rendell". The signature is written in a cursive, slightly stylized font.

Edward G. Rendell

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HELP IN PA

Health and Human Services Call Center



Go to
www.HelpInPA.state.pa.us
 to learn more about Pennsylvania services,
 or call one of the numbers
 listed below.

For the first time, families seeking information about health and human services in Pennsylvania can find that information by calling any one of the toll-free numbers listed below. The PA Departments of Health, Public Welfare, Aging and Insurance have brought their helplines together.

Now, if you call the Special Kids Network to find out about services for your child with a special health care need, you can also find out about long-term care/living services for any other member of your family. If you call to get information or applications for insurance such as the Children's Health Insurance Program (CHIP), you can also find out about the effects of lead paint and what to do about lead paint in your home. A world of information awaits you! Make one toll-free call 8 a.m. - 8 p.m. Monday–Friday and 8 a.m. - 6 p.m. Saturday, or access the Call Center's Web site, www.HelpInPA.state.pa.us.

I-800-986-BABY (1-800-986-2229)	• Love'em with a Check Up Program • Referrals to Dental Care • Breast Feeding Information and Support • Newborn Screening and Newborn Hearing Screening Programs
I-800-986-KIDS (1-800-986-5437)	• Children's Health Insurance Program (CHIP) • Medicaid
I-800-GO-BASIC (1-800-462-2742)	• adultBasic Insurance Program
I-800-986-4550	• Special Kids Network • PA Recreation and Leisure Line • PA FORE Families • Parent to Parent of PA
I-800-440-LEAD (1-800-440-5323)	• Lead Information Line
I-866-286-3636	• Long-Term Living Services Line
I-866-412-4755	• Traumatic Brain Injury
I-877-232-7640	• TeleTYpewriter (TTY)



Spanish-speaking operators are available on all Health and Human Services helplines. Look for the Help In PA symbol throughout this guide to indicate programs that can be accessed through the Call Center.

COMPASS

Commonwealth of Pennsylvania Access to Social Services



Go to
www.COMPASS.state.pa.us
to apply online
today!

COMPASS is the simple and fast way to apply online for social services offered by the Commonwealth. With the click of a button, you can learn about services, see if you qualify for programs, apply for those services and reapply when it's time for renewal. Visit www.COMPASS.state.pa.us to try it out.

You can use COMPASS for the following programs/services. More information about these services is available on the pages that follow.

- Health Care Coverage
 - Medicaid – page 21
 - Medical Assistance for Workers with Disabilities – page 21
 - Children's Health Insurance Program (CHIP) – page 6
 - adultBasic Health Insurance – page 20
- Food Stamp Benefits – page 11
- Cash Assistance – page 5
- Long-Term Living Services - 28
- Low-Income Home Energy Assistance Program – page 19
- Free or Reduced Price School Meals – page 11



All COMPASS applications are available in English and Spanish. Look for the COMPASS symbol throughout this guide to indicate COMPASS programs.

CASH ASSISTANCE

GENERAL ASSISTANCE (GA)

Department of Public Welfare



GA provides money primarily to single individuals and childless couples who do not have enough income to meet their needs as a result of circumstances that prevent them from working.

Contact: Local County Assistance Office or PA DPW Helpline

Phone: See county assistance office listing on pages 32–34.

PA DPW Helpline: 1-800-692-7462

Web site: www.dpw.state.pa.us/cashassistance

Apply Online: www.COMPASS.state.pa.us

REFUGEE CASH ASSISTANCE PROGRAM

Department of Public Welfare

Cash assistance may be available under the Refugee Cash Assistance (RCA) program for refugees who do not meet Temporary Assistance for Needy Families (TANF) eligibility requirements. Refer to www.dpw.state.pa.us/lowInc/Cash/003670283.htm for a description of who qualifies as a refugee. RCA is a federally-funded cash assistance program that may be provided for eight months from the date of entry into the United States.

Contact: Refugee Cash Assistance Program or PA DPW Helpline

Phone: 717-346-1094

PA DPW Helpline: 1-800-692-7462

Web site: www.refugeesinpa.org

STATE BLIND PENSION PROGRAM

Department of Public Welfare



Provides blind pension benefits for certain residents of Pennsylvania who meet visual requirements and other conditions of eligibility. Benefits include a cash payment and medical benefits.

Contact: Local County Assistance Office or PA DPW Helpline

Phone: See county assistance office listing on pages 32–34.

PA DPW Helpline: 1-800-692-7462

Web site: www.dpw.state.pa.us/cashassistance

Apply Online: www.COMPASS.state.pa.us

CASH ASSISTANCE (continued)

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)



Department of Public Welfare

Provides money for dependent children who are deprived of financial support from their parents as a result of death, absence, incapacity or unemployment of one or both of their parents.

Contact: Local County Assistance Office or PA DPW Helpline

Phone: See county assistance office listing on pages 32-34.

PA DPW Helpline: 1-800-692-7462

Web site: www.dpw.state.pa.us/cashassistance

Apply Online: www.COMPASS.state.pa.us

CHILD HEALTH AND SAFETY

CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)



Department of Insurance

Offers free and low-cost health care coverage for children. A family of four can earn up to \$47,000 a year to qualify and take advantage of a comprehensive benefit package including doctor visits, prescription drugs and immunizations, to name a few. CHIP is a nationally recognized program.

Contact: CHIP

Phone: 1-800-986-KIDS (1-800-986-5437) – Health & Human Services Call Center
TTY 1-877-232-7640

Web site: www.HelpInPA.state.pa.us or www.COMPASS.state.pa.us

Apply Online: www.COMPASS.state.pa.us

LEAD POISONING PREVENTION PROGRAM

Department of Health



LEAD HAZARD CONTROL PROGRAM

Helps to create lead-safe homes for low-income families with children age six and under, through lead hazard risk assessments and lead hazard control activities.

CHILDHOOD LEAD POISONING PREVENTION PROGRAM (CLPPP)

Offers blood-lead screen and follow-up tests for children age six and under, with a focus on those children at highest risk for lead poisoning (for example, children who reside in homes built before 1978). Also provides:

- Referral for diagnostic services and medical treatment
- Assessment of environmental lead hazards when there is a confirmed case of lead poisoning
- Community, professional and parent education regarding the hazards of lead poisoning

Contact: Lead Information Helpline

Phone: 1-800-440-LEAD (1-800-440-5323) – Health & Human Services Call Center

CHILD HEALTH AND SAFETY (continued)

PA NEWBORN SCREENING SERVICES

Department of Health



Provides screening services to identify disorders in newborns, including two mandatory tests:

- Hearing loss
- A metabolic condition that causes serious medical problems, brain damage or death

Early detection, diagnosis and treatment can prevent permanent disability, severe mental retardation, life-threatening complications and death.

Contact: Newborn Screening Services

Phone: 1-800-986-BABY (1-800-986-2229) Health & Human Services Call Center

Web site: www.health.state.pa.us/familyhealth or www.HelpInPA.state.pa.us

SUDDEN INFANT DEATH SYNDROME (SIDS)/INFANT DEATH SERVICES

Department of Health

Provides services to reduce the incidence of SIDS through a public education campaign and to support families affected by sudden infant death. Services provided include:

- Information
- Bereavement counseling
- Support group referrals
- Follow-up contacts to families who experience an infant death
- Education and consultation to health care providers

Contact: Maternal and Child Health Consultants located in local Department of Health District Offices

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/familyhealth

CHILD PROTECTION AND PLACEMENT

ADOPTION PROGRAMS

Department of Public Welfare

Brings together children who need families and families who have been approved to adopt. Brings together all of the adoption process parties and supports families and children through the adoption process.

Contact: Statewide Adoption Network (SWAN),
Pennsylvania Adoption Exchange (PAE)

Phone: 1-800-585-SWAN (1-800-585-7926)

Web site: www.adoptpakids.org or www.dpw.state.pa.us/adoption

CHILDLINE ABUSE HOTLINE

Department of Public Welfare

Available 24 hours to receive reports of suspected child abuse. Callers may remain anonymous if they choose.

Contact: Childline Abuse Hotline

Phone: 1-800-932-0313

Web site: www.dpw.state.pa.us/childabuse

FOSTER CARE

Department of Public Welfare

Provides temporary care for children who are unable to remain in their own homes and are placed in the custody of the county children and youth agency by the courts. Foster parents are individuals who are committed to providing a safe, temporary home for children who have been abused, neglected and/or are unable to remain living in their own homes.

Contact: Pennsylvania State Foster Parent Association

Phone: 1-800-951-5151

Web site: www.dpw.state.pa.us/fostercare or www.psfpa.com

EARLY CARE AND EDUCATION FOR CHILDREN

CHILD CARE SUBSIDY

Department of Public Welfare

Helps eligible working parents pay for child care expenses. Provides information and counseling to all parents regarding early care and education services that are available in their communities.

Contact: Child Care Works

Phone: 1-877-4-PA-KIDS (1-877-472-5437)

Web site: www.dpw.state.pa.us/childcare

CHILD CARE TRAINING

Department of Public Welfare

Provides free and low-cost training to child care staff in child care centers, group homes, family day care homes and to relative/neighbor caregivers. Training opportunities include workshops, conferences and college courses to enhance all levels of professional development.

Contact: PA Key

Phone: 1-800-284-6031

Web site: www.pakeys.org

EARLY CARE AND EDUCATION TRAINING, PROFESSIONAL DEVELOPMENT AND QUALITY SUPPORTS

Department of Public Welfare

Provides free and low-cost training and professional development to early care and education staff in child care centers, group homes and to relative/neighbor caregivers. Training opportunities include workshops, conferences and college courses to enhance all levels of professional development. Participants in the Keystone STARS program whose facility serves at least 5 percent of low-income children are eligible to receive financial resources and technical assistance to strengthen their quality of services.

Contact: Office of Child Development

Phone: 717-346-9320

Web site: www.pakeys.org

EARLY CARE AND EDUCATION FOR CHILDREN (continued)

EARLY INTERVENTION

Department of Public Welfare

Provides services and supports to help families with children with developmental delays between birth and three years of age. Services can include information on how children develop, early childhood education and interventions, ideas for how families can help children both at home and in the community and plans designed to enhance children's growth and learning.

Contact: CONNECT Helpline

Phone: 1-800-692-7288

Web site: www.dpw.state.pa.us/child/earlyintervention

FOOD AND NUTRITION

CHILD AND ADULT CARE FOOD PROGRAM

Department of Education

Provides meals and snacks to eligible participants in licensed non-profit or for-profit non-residential family and group day care homes, child or adult day care centers. Meals and snacks must meet healthy nutrition requirements.

Contact: Your child or adult care provider

Web site: www.pde.state.pa.us

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

Department of Agriculture

Provides a box of food each month to eligible women, children, infants and seniors who are nutritionally at risk.

Contact: PA Bureau of Food Distribution

Phone: 1-800-468-2433

Web site: www.agriculture.state.pa.us

FARMERS MARKET NUTRITION PROGRAM (FMNP)

Department of Agriculture

Provides qualified senior citizens as well as Women, Infants and Children (WIC) recipients with checks to purchase fresh fruits and vegetables at approved farm markets and farm stands in Pennsylvania.

Contact: PA Bureau of Food Distribution

Phone: 1-800-468-2433

Web site: www.agriculture.state.pa.us

FOOD AND NUTRITION (continued)

FOOD STAMPS

Department of Public Welfare



Provides assistance to those who have sufficient income to meet most of their basic living costs but still need help to supplement food expenses.

Contact: Local County Assistance Office or PA DPW Helpline

Phone: See county assistance listing on pages 32–34.

PA DPW Helpline: 1-800-692-7462

Web site: www.dpw.state.pa.us/foodstamps

Apply Online: www.COMPASS.state.pa.us

NATIONAL SCHOOL LUNCH AND SCHOOL BREAKFAST PROGRAMS

Department of Education



Provides free and reduced-price meals to low-income children in participating public and non-public schools. Meals must meet healthy nutrition requirements. The following school districts are accepting electronic income eligibility applications for free and reduced-priced meals that are completed in COMPASS: Allentown City School District, Armstrong School District, Carlisle Area School District, Chambersburg Area School District, Conrad Weiser Area School District, Cumberland Valley School District, Harrisburg School District, Hempfield School District, Lancaster School District, Mechanicsburg Area School District, Pottstown School District, Reading School District, Susquehanna Township School District, Wayne Highlands School District, Williamsport Area School District. Additional school districts will begin accepting electronic COMPASS applications in the 2006-07 school year.

Contact: Local school district or non-public school

Web site: www.pde.state.pa.us

Apply Online: www.COMPASS.state.pa.us

NUTRITION PROGRAM

Department of Health

Promotes the daily consumption of five to nine servings of fruits and vegetables a day for all Pennsylvanians. Provides opportunities for preschool children to learn about the benefits of healthy eating.

Contact: Nutrition Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/nutrition

FOOD AND NUTRITION (continued)

PENNSYLVANIA NUTRITION EDUCATION PROGRAM (PA NEP)

Department of Public Welfare

Provides nutrition education to adults, school-aged children and preschool children who are food stamp eligible or potentially eligible. The NEP promotes the consumption of five to nine servings of fruits and vegetables daily, the use of the USDA Food Guidance system/Dietary Guidelines to make healthy food choices, and healthy lifestyles that incorporate physical activity and support a healthy weight.

Contact: Pennsylvania Nutrition Education Program

Phone: 814-863-0074

Web site: www.panen.org; click on PA NEP

SIMPLY DELICIOUS - SIMPLY NUTRITIOUS PROGRAM

Department of Agriculture



Promotes Pennsylvania produce at grocery stores and farm markets statewide. The Simply Delicious logo indicates fresh, locally grown produce.

Contact: Simply Delicious – Simply Nutritious, Department of Agriculture,
Bureau of Market Development

Phone: 717-787-6901

Web site: www.agriculture.state.pa.us

SUMMER FOOD SERVICE PROGRAM

Department of Education

Provides breakfasts, lunches and snacks for children at nutrition sites in low-income areas during the summer months when school is no longer in session. Eligible sponsors include public and non-public schools, non-profit organizations and units of local government.

Contact: Summer Food Service Program

Phone: 1-800-331-0129

Web site: www.pde.state.pa.us

FOOD AND NUTRITION (continued)

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)

Department of Agriculture

Provides assistance to low-income individuals with commodities, which are provided to counties for distribution to food pantries, soup kitchens, shelters and other agencies that provide food assistance to needy individuals.

Contact: PA Bureau of Food Distribution

Phone: 1-800-468-2433

Web site: www.agriculture.state.pa.us

WOMEN, INFANTS AND CHILDREN (WIC) NUTRITION PROGRAM

Department of Health

Provides services to pregnant, breastfeeding, and postpartum women and children under age five. A family of four may earn up to \$35,798 and be income-eligible for WIC. Services include:

- Nutrition education
- Breastfeeding support
- Referrals to health care and community services
- Checks/vouchers for the purchase of healthy foods, including milk, juices, peanut butter, cheese, eggs, dried beans/peas, cereal, infant formula and tuna fish.

Contact: WIC

Phone: 1-800-WIC-WINS (1-800-942-9467)

Web site: www.health.state.pa.us/familyhealth

HEALTH AND SAFETY

ARTHRITIS PROGRAM

Department of Health

Offers information and resources about arthritis and chronic joint symptoms, which affect approximately one third of Pennsylvanians. Resources for self-management of arthritis include the following:

- Arthritis Foundation Aquatics Program, a water physical activity program
- Arthritis Foundation Exercise Program, a community-based recreational physical activity program
- Arthritis Foundation Self-Help Program, a self-management education intervention

Contact: Arthritis Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/arthritis

ASTHMA CONTROL PROGRAM

Department of Health

Provides information and resources to Pennsylvanians about asthma, a chronic disease of the lungs that affects close to 10 percent of the school-age population. Offers information on how asthma attacks can be prevented.

Contact: Asthma Control Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/asthma

CHRONIC RENAL DISEASE PROGRAM (CRDP)

Department of Health

Provides life-saving care and treatment for both children and adults with end-stage renal disease, and offers services such as:

- Dialysis
- Renal transplantation
- Medical management
- In-patient and outpatient services
- Home dialysis supplies and equipment
- Medications
- Limited patient transportation

Contact: Chronic Renal Disease Program

Phone: 717-772-2762

Web site: www.health.state.pa.us/familyhealth

HEALTH AND SAFETY (continued)

DIABETES PROGRAM

Department of Health

Provides information and resources about diabetes, a chronic and life-threatening disease that affects approximately 8 percent—or more than 960,000—Pennsylvanians.

Contact: Diabetes Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/diabetes

HEALTHY WOMAN PROGRAM

Department of Health

Provides free breast and cervical screening for eligible women. If you are 50 to 64 years of age, have no or limited insurance and have low to moderate income (for example, if a family of four has a monthly income of less than \$4,031), you may be eligible for free mammograms and Pap tests.

Contact: Healthy Woman Program

Phone: 1-800-215-7494 (voice) or 1-800-332-8615 (TTY)

Web site: www.health.state.pa.us/womenshealth

HEART DISEASE AND STROKE PROGRAM

Department of Health

Provides resources and information about heart disease, which is the number one killer of both women and men in Pennsylvania. Also provides information about stroke, which is the third leading cause of death and a major cause of adult disability.

Contact: Heart Disease and Stroke Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/heartdisease or www.health.state.pa.us/stroke

HEPATITIS PROGRAMS

Department of Health

PERINATAL HEPATITIS B PREVENTION PROGRAM

Provides hepatitis B vaccine for infants and individuals in frequent, close contact with hepatitis B virus–infected pregnant women.

HEPATITIS B VACCINATION FOR HIGH-RISK ADOLESCENTS AND ADULTS

Provides hepatitis A, hepatitis B and combination hepatitis A and B vaccines for clients 11 years of age and older who are at risk.

Contact (Both Programs): 1-877-PA-HEALTH (1-877-724-3258)

Web site (Both Programs): www.health.state.pa.us/immunizations

HEALTH AND SAFETY (continued)

HIV/AIDS PROGRAM

Department of Health

Provides HIV prevention and care services throughout Pennsylvania for individuals infected with and affected by HIV disease and for those at-risk for contracting HIV. Offers programs and resources to prevent disease and change high-risk behavior, as well as provide resources for sustaining preventative behavior and avoiding infection. Services provided include free counseling and testing, case management, housing assistance, access to medications, emergency medical care and education materials.

Contact: AIDS Counseling and Testing

Phone: 1-800-662-6080

Web site: www.health.state.pa.us/hiv

IMMUNIZATION PROGRAMS

Department of Health

Provides resources and information about vaccine-preventable diseases, as well as providing vaccines for specific diseases that affect infants, children, adolescents and adults. Offers the following services:

- Educational materials
- Ongoing disease surveillance
- Enforcement of school and childcare immunization regulations
- Disease investigation
- Assessment of immunization coverage levels
- Registry and tracking systems
- Outbreak control interventions

VACCINES FOR CHILDREN (VFC) PROGRAM

Provides vaccines free of charge to public and private providers for eligible children. Children ages 18 and younger are eligible if they are enrolled in Medicaid are without insurance or are American Indian or Alaskan Native. Children with health insurance that does not cover vaccination are also eligible to receive VFC vaccines at public clinic sites.

Contact: Immunization Programs

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/immunizations

HEALTH AND SAFETY (continued)

INJURY PREVENTION PROGRAM

Department of Health

Provides resources and information to encourage Pennsylvanians to practice safety and reduce their risk of injury. The top causes of preventable injuries that lead to hospitalization and death are motor vehicle crashes, poisonings, falls, suffocations, fires/burns and drowning.

Contact: Injury Prevention Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/injuryprevention

ORAL HEALTH PROGRAM

Department of Health

Provides resources and information about dental health. Dental disease is the most common chronic disease in children, and it is almost totally preventable.

Contact: Oral Health Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/oralhealth

OSTEOPOROSIS PROGRAM

Department of Health

Provides resources and education for Pennsylvanians regarding osteoporosis, a weakening of the bones and loss of bone mass. By 2020, half of all Americans over 50 will have weak bones unless changes to eating habits and lifestyles are made.

Contact: Osteoporosis Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/osteoporosis

PHYSICAL ACTIVITY PROGRAM

Department of Health

Promotes the incorporation of at least 30 minutes of daily physical activity by all Pennsylvanians. Supports the Keystone State Games, a statewide, annual competition for amateur athletes. Provides education on the benefits of daily physical activity, such as reduced risk of cardiovascular disease, decreased bone loss, increased energy and ability to manage stress, improved sleep and weight control.

Contact: Physical Activity Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/physicalactivity

HEALTH AND SAFETY (continued)

SEXUALLY TRANSMITTED DISEASES (STD) PROGRAM

Department of Health

Provides free, confidential testing for sexually transmitted diseases such as chlamydia, HIV, gonorrhea and syphilis. Also provides treatment, education, surveillance, and resources to prevent and intervene in the transmission of STDs.

Contact: STD Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/std

SICKLE CELL DISEASE PROGRAM

Department of Health

Provides comprehensive medical treatment and psychosocial services, care coordination, and education to children and adults with sickle cell disease.

Contact: Sickle Cell Disease Program

Phone: 717-772-2762

Web site: www.health.state.pa.us/familyhealth

SKIN CANCER PREVENTION AND CONTROL PROGRAM

Department of Health

Provides information and resources to Pennsylvanians about the dangers of skin cancer. One serious sunburn can double your risk of developing skin cancer. One person dies from skin cancer every hour in the United States, and children and young adults are most at risk. Provides tips for protecting skin from the sun.

Contact: Cancer Prevention and Control Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/cancer

TUBERCULOSIS (TB) PROGRAM

Department of Health

Provides education, resources and testing for tuberculosis. Encourages individuals belonging to high-risk groups to be tested. High-risk groups include those with HIV, intravenous drug users, foreign-born persons from TB-prevalent countries and especially those who have come in close contact with individuals with infectious tuberculosis.

Contact: Tuberculosis Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/tb

HOUSING AND UTILITIES

HOMELESS ASSISTANCE PROGRAM (HAP)

Department of Public Welfare

Offers services to help prevent homelessness, help people who are homeless to find refuge and care and assist clients in moving toward self-sufficiency.

Contact: Local HAP Helpline

Phone: See county assistance listing on pages 32–34.

Web site: www.dpw.state.pa.us/homelessassistance

LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Department of Public Welfare



Helps low-income households meet their home heating needs via energy-assistance grants. Assistance can take the form of cash benefits to assist with heating bills, crisis benefits to resolve heating emergencies and weatherization/energy conservation assistance to provide long-range solutions.

Contact: LIHEAP

Phone: 1-866-857-7095

Web site: www.staywarmpa.com or www.dpw.state.pa.us/LIHEAP

Local Contact: See county assistance office listing on pages 32–34.

Stay Warm Helpline: 1-866-550-4355

Apply Online: www.COMPASS.state.pa.us

PROPERTY TAX/RENT REBATE

Pennsylvania Lottery

Provides rebates for qualified individuals, based on age, disability and income.

Contact: Property Tax/Rent Rebate Hotline

Phone: 1-888-222-9190

WEATHERIZATION

Department of Community and Economic Development

Provides assistance to low-income individuals and families to reduce their energy costs while safeguarding their health and safety. Priority given to those low-income residents at higher risk, including older adults, individuals with disabilities and families with children.

Contact: Stay Warm Helpline

Phone: 1-866-550-4355

Web site: www.staywarmpa.com

MEDICAL CARE AND COVERAGE

adultBasic

Department of Insurance



Offers basic benefits to qualifying individuals and families, based on income. Benefits include preventative care, physician services, diagnosis and treatment of illness or injury, in-patient hospitalization, outpatient hospital services and emergency accident and medical care.

Contact: adultBasic

Phone: 1-800-GO-BASIC (1-800-462-2742) – Health & Human Services Call Center

Web site: www.HelpInPA.state.pa.us

Apply Online: www.COMPASS.state.pa.us

AIDS WAIVER

Department of Public Welfare

Provides services that are not paid for under the Medicaid program to eligible persons with AIDS or Symptomatic HIV Disease. Offers programs to persons 21 or older with AIDS/HIV home health care services, nutritional consultation, nutritional supplements and specialized medical equipment and supplies.

Contact: AIDS Waiver

Phone: 717-772-2525

Web site: www.dpw.state.pa.us/health/HIVaidsserv

COMPREHENSIVE SPECIALTY CARE PROGRAM

Department of Health

Provides comprehensive services to children with cardiac, cleft palate, orthopedic and neuromuscular conditions, as well as those with hearing and speech impairment and ventilator dependency. Also offers comprehensive services to children and adults with Cooley's anemia, cystic fibrosis, hemophilia and spina bifida. Direct payment for services is available to enrolled clients per a fee schedule.

Contact: Comprehensive Specialty Care Program

Phone: 717-772-2762

Web site: www.health.state.pa.us/familyhealth

MEDICAL CARE AND COVERAGE (continued)

MEDICAID

Department of Public Welfare



Provides payment for health care services on behalf of eligible low-income individuals and individuals with limited income and high medical expenses.

Contact: Medicaid

Phone: 1-800-986-5437 – Health & Human Services Call Center

Web site: www.dpw.state.pa.us/medicaid or www.HelpInPA.state.pa.us

Local Contact: Local County Assistance Office; see county listing on pages 32–34.

PA DPW Helpline: 1-800-692-7462

Apply Online: www.COMPASS.state.pa.us

MEDICAL ASSISTANCE TRANSPORTATION PROGRAM (MATP)

Department of Public Welfare

Provides transportation to medical services for Medical Assistance (MA) consumers who do not have other transportation available to them. The transportation services may include any of the following:

- Tickets or tokens to ride public transportation
- Mileage reimbursement for use of a private car
- Paratransit services (for example, in a van)

Contact: Local MATP provider

Phone: See county listing on pages 32–34.

PA DPW Helpline: 1-800-692-7462

Web site: www.dpw.state.pa.us/MATP

MEDICAL ASSISTANCE FOR WORKERS WITH DISABILITIES (MAWD)

Department of Public Welfare



Provides individuals with disabilities the opportunity to enter and remain in the workforce while receiving Medicaid coverage. Eligible individuals pay a monthly premium to receive MAWD.

Contact: Medical Assistance for Workers with Disabilities

Phone: 1-800-986-5437 – Health & Human Services Call Center

Web site: www.dpw.state.pa.us/medicaid or www.HelpInPA.state.pa.us

Local Contact: Local County Assistance Office; see county listing on pages 32–34.

PA DPW Helpline: 1-800-692-7462

Apply Online: www.COMPASS.state.pa.us

MEDICAL CARE AND COVERAGE (continued)

SPECIAL PHARMACEUTICAL BENEFITS PROGRAM (SPBP)

Department of Public Welfare

Helps eligible low- and moderate-income individuals and families pay for specific drug therapies used for the treatment of persons with HIV/AIDS or a DSM-IV diagnosis for schizophrenia.

Contact: Special Pharmaceutical Benefits Program

Phone: 1-800-922-9384

Web site: www.dpw.state.pa.us/SPBP

MENTAL HEALTH AND ADDICTION

BEHAVIORAL HEALTH SERVICES

Department of Public Welfare

Provides services to help children, adolescents and adults to remain in their communities, including services for individuals with both mental health and substance abuse disorders. Provides services through community and hospital programs, including outpatient, partial, residential, short-term in-patient hospital care, emergency crisis intervention services, counseling, information, referral and case management services.

Contact: Behavioral Health Services

Phone: 717-787-6443

Local Contact: Local County MH/MR; see county listing on pages 32-34.

Web site: www.dpw.state.pa.us/OMHSAS

CHILD AND ADOLESCENT SERVICE SYSTEM PROGRAM (CASSP)

Department of Public Welfare

Provides community outreach services, including home and community behavioral health services. Also provides family-based rehabilitation services and residential treatment services for children/adolescents with serious emotional disturbances.

Contact: Child and Adolescent Service System Program

Phone: 717-787-6443

Web site: www.dpw.state.pa.us/CASSP

MENTAL HEALTH AND ADDICTION (continued)

DRUG AND ALCOHOL PROGRAM

Department of Health

Provides for the prevention, intervention, rehabilitation and treatment of drug and alcohol abuse. Individuals can receive confidential referral to treatment or counseling programs. Treatment may be free for eligible individuals.

Contact: Drug and Alcohol Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/addiction

TOBACCO PREVENTION AND CESSATION PROGRAM

Department of Health

Provides free resources to assist Pennsylvanians in the effort to quit tobacco use. When compared with tobacco users who try to quit on their own, tobacco users who make quit attempts with telephone support and self-help advice are approximately twice as likely to be successful.

Contact: PA Free Quitline

Phone: 1-800-QUIT NOW (1-800-784-8669) or 1-866-228-4327 (TTY)

Web site: www.health.state.pa.us/quitnow

MENTAL RETARDATION

MENTAL RETARDATION SERVICES

Department of Public Welfare

Provides a wide array of services and support for people with mental retardation, including the following:

- Community residential services in family living settings, single apartments with a roommate and group homes
- Support in the person's home or his/her family home
- Day services, including supported employment, vocational training and day habilitation
- Home and vehicle adaptations
- Respite care
- Transportation

Contact: Office of Mental Retardation

Phone: 1-888-565-9435

Local Contact: Local County MH/MR; see county listing on pages 32-34.

Web site: www.dpw.state.pa.us/mentalretardationservices

MISCELLANEOUS

LEGAL SERVICES

Department of Public Welfare

Assists Pennsylvania residents who need help with a civil, not criminal, legal matter and cannot afford an attorney.

Contact: Pennsylvania Legal Services

Phone: 1-800-322-7572

Web site: www.dpw.state.pa.us/legalservices

ORGAN DONATION

Department of Health

Provides resources and information to encourage Pennsylvanians to become organ and tissue donors. Individuals who wish to be organ donors are encouraged to sign and carry a donor card, designate “organ donor” on their driver’s license or photo identification card, or clearly state their designation on a living will. In Pennsylvania alone, there are nearly 6,500 people who are waiting for life-saving organ transplants.

Contact: Organ Donation Program

Phone: 1-877-PA-HEALTH (1-877-724-3258)

Web site: www.health.state.pa.us/donatelife

PREGNANCY AND FAMILY PLANNING

ALTERNATIVES TO ABORTION

Department of Public Welfare

Offers free, caring, confidential and life-affirming options to abortion. Available to individuals who are involved in an unplanned pregnancy, and to parents of infants up to 12 months of age.

Contact: Alternatives to Abortion

Phone: 1-888-LIFE AID (1-888-543-3243)

Web site: www.dpw.state.pa.us/altabortion

PREGNANCY AND FAMILY PLANNING (continued)

FAMILY PLANNING PROGRAM

Department of Health, Department of Public Welfare

Family planning in Pennsylvania provides services, information and counseling on health care for women, men and teens. Services are free or low-cost and are always confidential. They include:

- Routine gynecological care
- Pregnancy testing
- Contraceptives
- Cervical cancer exams
- Screening and treatment for sexually transmitted diseases
- Educational counseling

Contact: Regional numbers below will direct you to a local family planning agency

Southeast PA: 215-985-2600

Northeast PA: 1-800-367-6347

Central PA: 717-761-7380

Western PA: 1-800-215-7494

Web site: www.health.state.pa.us/familyhealth or www.dpw.state.pa.us/familyplanserv

GENETIC SERVICES PROGRAM

Department of Health



Helps low-income individuals and families learn about birth defects and genetic conditions, and the risk of having an infant born with one of these conditions. Services include:

- Genetic screening and counseling
- Education and referral services
- Pre-pregnancy health appraisals

Contact: Genetic Services Program

Phone: 1-800-986-BABY (1-800-986-2229) – Health & Human Services Call Center

Web site: www.health.state.pa.us/familyhealth or www.HelpInPA.state.pa.us

PREGNANCY AND FAMILY PLANNING (continued)

LOVE 'EM WITH A CHECK UP PROGRAM

Department of Health



Assists low-income women and their families in obtaining prenatal care and related health and human services. Provides general information and referral for Medicaid, the Children's Health Insurance Program (CHIP) and adultBasic.

Contact: Healthy Baby Helpline

Phone: 1-800-986-BABY (1-800-986-2229) – Health & Human Services Call Center

Web site: www.health.state.pa.us/familyhealth or www.HelpInPA.state.pa.us

SAFE HAVEN

Department of Public Welfare

Provides a safe option for new mothers not ready for motherhood and their newborn babies—with no questions asked. Young women can take comfort in knowing they don't need to abandon their babies because there's a safe alternative. All hospitals in Pennsylvania are safe havens for newborn babies as long as the baby is unharmed and under 28 days old. No one will ask who is dropping off the child or where they live. No one needs to know the woman was pregnant or that a baby was even delivered. Help is also available during pregnancy. A confidential phone number (listed below) is available to explore all options and find additional services.

Contact: Safe Haven

Phone: 1-866-921-SAFE (1-866-921-7233)

Web site: www.dpw.state.pa.us/safehaven

SERVICES FOR CHILDREN AND ADULTS WITH DISABILITIES

CARING FOR CHILDREN WITH SPECIAL NEEDS

CHILDREN WITH SPECIAL NEEDS

Department of Public Welfare

Early Intervention is a program that helps develop the potential of children who are developing more slowly than typical children. Offers services free of charge, including speech therapy, physical therapy and parent education/support. Services may be provided in a variety of settings, including the child's home, child care center, nursery school, play group, Head Start program or other setting familiar to the family.

CONNECT Helpline: 1-800-692-7288 (answers about child development and specific disabilities)

Child Care Works: 1-877-4-PA-KIDS (1-877-472-5437)

Web site: www.dpw.state.pa.us/specialneedschildren

SERVICES FOR CHILDREN AND ADULTS WITH DISABILITIES (continued)

CARING FOR CHILDREN WITH SPECIAL NEEDS cont.

SPECIAL KIDS NETWORK Department of Health



Special Kids Network and Recreation and Leisure

Connects children with special needs including autism and their families with services to enrich their lives. Improves access to services by providing comprehensive information and links to service agencies.

Special Kids Network Community Systems Development

Works with and within communities to support the creation and improvement of services for children with special health care needs and their families. Activities include needs assessment, coalition development, technical assistance and resource development.

Contact: SKN and Recreation and Leisure, SKN Community Systems Development

Phone: 1-800-986-4550 – Health & Human Services Call Center

Web site: www.health.pa.us/skn or www.health.state.pa.us/familyhealth or www.HelpInPA.state.pa.us

HEAD INJURY PROGRAM (HIP)

Department of Health



Provides post-acute rehabilitation services for eligible Pennsylvanians, age 21 and over, who sustained a traumatic brain injury (TBI) after July 1, 1985. Resources available include:

- Toll-free Brain Injury Helpline that provides information and referral services
- Brain Injury Resource Library
- Pre-enrollment assistance that helps individuals with TBI access brain injury services

Contact: Public Health Program

Phone: 717-772-2762

Brain Injury Helpline: 1-866-412-4755 – Health & Human Services Call Center

Web site: www.health.state.pa.us/familyhealth or www.HelpInPA.state.pa.us

SERVICES FOR CHILDREN AND ADULTS WITH DISABILITIES (continued)

HOME MODIFICATIONS AND ADAPTATIONS

Department of Aging, Department of Community and
Economic Development, Department of Labor & Industry,
Department of Public Welfare



Provides financial assistance to pay for modifications to make a home accessible for a person with a disability. Assistance is available for projects like ramps, grab bars and stair glides.

Contact: Home Modifications and Adaptations

Phone: 1-866-286-3636 – Health & Human Services Call Center

Web site: www.HelpInPA.state.pa.us

LONG-TERM LIVING SERVICES

Department of Public Welfare



Provides services to allow a person under 60 years of age with physical, mental or other disabilities to live as independently as possible; offers a wide range of assistance, services or devices provided over an extended period of time and designed to meet medical, personal and social needs in a variety of settings or locations.

Services provided in the home cover a wide range of needs, including home health care, personal care (assistance with bathing, dressing, eating, grooming, toileting, etc.), housekeeping, shopping assistance, laundry, caregiver relief, transportation, assistance with routine household chores and home-delivered meals.

Contact: Long-Term Care Line

Phone: 1-866-286-3636 – Health & Human Services Call Center

Alternate Contact: PA Department of Public Welfare at 1-800-757-5042

Web site: www.dpw.state.pa.us/longtermcare or www.HelpInPA.state.pa.us

Local Contact: Local County Assistance Office; see county assistance office listing on pages 32-34.

Apply Online: www.COMPASS.state.pa.us

OFFICE OF VOCATIONAL REHABILITATION (OVR)

Department of Labor & Industry

Helps people with disabilities to get and keep jobs and live independently. Services include counseling and guidance, job training and physical and mental restoration.

Contact: Office of Vocational Rehabilitation

Phone: 1-800-442-6351 (voice) or 1-800-233-3008 (TTY)

Web site: www.dli.state.pa.us/OVR

SERVICES FOR OLDER PENNSYLVANIANS

ALZHEIMERS DISEASE AND RELATED DISORDERS

Department of Aging

Provides information and referral services through a toll-free helpline.

Contact: Alzheimer's Association

Phone: 1-800-438-4380

Web site: www.aging.state.pa.us

APPRISE

Department of Aging

Helps Pennsylvanians understand their Medicare and other health insurance benefits and assist them in making the best decisions. Specially trained APPRISE counselors can answer questions about Medicare, Medicaid, Medigap, long-term care insurance, Medicare Advantage Plans and the new Medicare prescription drug benefit.

Contact: APPRISE

Phone: 1-800-783-7067

Web site: www.aging.state.pa.us

AREA AGENCIES ON AGING

Department of Aging

Provides and coordinates services for older Pennsylvanians. Provides information on transportation, health care, homemaker services, employment, legal aid and other programs.

Contact: Area Agency on Aging

Phone: See county area on aging listing on pages 32-34.

SERVICES FOR OLDER PENNSYLVANIANS (continued)

CONSUMER PROTECTION AND OLDER ADULT PROTECTIVE SERVICES

Department of Aging

Protects Pennsylvanians aged 60 and older from abuse, neglect, exploitation and abandonment by offering services. Phone number available 24 hours a day to report older adults who need protective services. Also, an ombudsman is available to investigate complaints made by or on behalf of older persons and the Office of Consumer Advocate will assist with problems with utilities, whether they pertain to service, billing or other matters.

Contact: Area Agency on Aging

Phone: 1-800-490-8505 or see county area on aging listing on pages 32–34.

LONG-TERM LIVING/HOME- AND COMMUNITY-BASED SERVICES

Department of Aging

Provides services in the home covering a wide range of needs, including home health care, personal care (assistance with bathing, dressing, eating, grooming, toileting, etc.), housekeeping, shopping assistance, laundry, transportation and other routine household chores.

Contact: Area Agency on Aging

Phone: See county area on aging listing on pages 32–34.

PACE/PACENET

Department of Aging, Pennsylvania Lottery

Offers prescription benefits for qualifying Pennsylvania residents 65 years of age or older.

Contact: PACE/PACENET

Phone: 1-800-225-7223

Web site: <https://PACECares.fhsc.com>

SHARED RIDE/FREE TRANSIT PROGRAM

Pennsylvania Lottery, Department of Transportation

Available to persons 65 years of age and older. Services include:

- Door-to-door specialized transportation services at a reduced fare
- Free rides on scheduled fixed-route public transit services during off-peak hours on weekdays and all day on weekends and holidays

Contact: Local public transportation providers for more information.

TRAUMA / ABUSE

DOMESTIC VIOLENCE SERVICES

Department of Public Welfare

Provides emergency crisis intervention services to individuals who left their homes or consider leaving their homes because of physical assault. Provides emergency and ongoing social services, including:

- 24-hour crisis hotline
- Temporary shelter for victims and victims' families
- Ongoing individual counseling and support groups
- Referral to other community services
- Advocacy and support services

All services are provided without consideration of the client's family income.

Also provides prevention education programs to reduce the incidence and lessen the risk of domestic violence in the community at large and community education and professional training on the scope and dynamics of domestic violence.

Contact: Pennsylvania Coalition Against Domestic Violence

Phone: 1-800-537-2238 or 717-545-6400

Local Domestic Violence Center: 1-800-932-4632

Web site: www.pcadv.org; click on "Community-Based Programs"

RAPE CRISIS

Department of Public Welfare

Provides emergency crisis intervention services to clients who need help in dealing with the trauma of sexual assault. Offers accompaniment through the police, medical and judicial systems, as well as ongoing supportive counseling to deal with the delayed effects of the sexual assault.

Contact: Rape Crisis

Phone: 1-800-543-PCAR (1-800-543-7227)

Web site: www.dpw.state.pa.us/rapecrisis

COUNTY BY COUNTY HELPLINES

- Area Agency on Aging (AAA)
- County Assistance Office (CAO)
- Homeless Assistance Program (HAP)
- Medical Assistance Transportation Program (MATP)
- Mental Health/Mental Retardation Center (MH/MR)
- Stay Warm in PA (SW)

ADAMS

AAA: 717-334-9296
 CAO: 800-638-6816
 HAP: 717-334-6781
 MATP: 717-337-1345
 MH/MR: 717-771-9618
 SW: 866-550-4355

BRADFORD

AAA: 570-265-6121
 CAO: 800-542-3938
 HAP: 570-265-1760
 MATP: 570-265-4057
 MH/MR: 570-265-2211
 SW: 866-550-4355

CHESTER

AAA: 610-344-6350
 CAO: 888-814-4698
 HAP: 610-344-6900
 MATP: 610-594-6930
 MH/MR: 610-344-6265
 SW: 866-550-4355

ALLEGHENY

AAA: 412-350-4234
 CAO: 412-565-2146
 HAP: 412-350-4354
 MATP: 412-350-4484
 MH/MR: 412-350-5701
 SW: 866-550-4355

BUCKS

AAA: 215-348-0510
 CAO: 215-781-3300
 HAP: 215-345-8175
 MATP: 215-794-5554
 MH/MR: 215-442-0760
 SW: 866-550-4355

CLARION

AAA: 814-226-4640
 CAO: 800-253-3488
 HAP: 814-226-6252
 MATP: 814-226-7012
 MH/MR: 814-226-1080
 SW: 866-550-4355

ARMSTRONG

AAA: 724-548-3290
 CAO: 800-424-5235
 HAP: 724-548-3405
 MATP: 724-548-3405
 MH/MR: 724-548-3451
 SW: 866-550-4355

BUTLER

AAA: 724-282-3008
 CAO: 724-284-8844
 HAP: 724-284-5125
 MATP: 866-638-0598
 MH/MR: 724-284-5114
 SW: 866-550-4355

CLEARFIELD

AAA: 814-765-2696
 CAO: 800-521-9218
 HAP: 800-822-2610
 MATP: 814-765-1551
 MH/MR: 814-265-1060
 SW: 866-550-4355

BEAVER

AAA: 724-847-2262
 CAO: 724-773-7300
 HAP: 724-847-3889
 MATP: 724-728-5633
 MH/MR: 724-847-6225
 SW: 866-550-4355

CAMBRIA

AAA: 814-539-5595
 CAO: 877-315-0389
 HAP: 814-534-2658
 MATP: 814-536-9031
 MH/MR: 814-536-2293
 SW: 866-550-4355

CLINTON

AAA: 570-323-3096
 CAO: 800-820-4159
 HAP: 570-893-4080
 MATP: 570-323-7575
 MH/MR: 570-323-6467
 SW: 866-550-4355

BEDFORD

AAA: 814-623-8148
 CAO: 800-542-8584
 HAP: 814-623-2002
 MATP: 814-623-6107
 MH/MR: 814-443-4891
 SW: 866-550-4355

CAMERON

AAA: 814-776-2191
 CAO: 814-486-3757
 HAP: 814-486-1161
 MATP: 877-282-4968
 MH/MR: 814-362-4601
 SW: 866-550-4355

COLUMBIA

AAA: 570-784-9272
 CAO: 877-211-1322
 HAP: 570-389-5700
 MATP: 570-784-8807
 MH/MR: 570-275-5422
 SW: 866-550-4355

BERKS

AAA: 610-478-6500
 CAO: 610-736-4211
 HAP: 610-478-6194
 MATP: 610-921-2361
 MH/MR: 610-478-3271
 SW: 866-550-4355

CARBON

AAA: 610-824-7830
 CAO: 570-325-9540
 HAP: 610-824-7830
 MATP: 570-669-6380
 MH/MR: 570-420-1900
 SW: 866-550-4355

CRAWFORD

AAA: 814-336-1792
 CAO: 800-527-7861
 HAP: 814-373-2613
 MATP: 814-333-7090
 MH/MR: 814-336-4352
 SW: 866-550-4355

BLAIR

AAA: 814-946-1235
 CAO: 814-946-7111
 HAP: 814-693-3112
 MATP: 814-946-1235
 MH/MR: 814-693-3023
 SW: 866-550-4355

CENTRE

AAA: 814-355-6716
 CAO: 800-355-6024
 HAP: 814-355-6768
 MATP: 814-355-6807
 MH/MR: 814-355-6782
 SW: 866-550-4355

CUMBERLAND

AAA: 717-240-6110
 CAO: 800-269-0173
 HAP: 717-240-6110
 MATP: 717-240-6340
 MH/MR: 717-240-6320
 SW: 866-550-4355

COUNTY BY COUNTY HELPLINES

DAUPHIN

AAA: 717-780-6130
 CAO: 800-788-5616
 HAP: 717-780-7050
 MATP: 717-232-6100
 MH/MR: 717-255-2888
 SW: 866-550-4355

DELAWARE

AAA: 610-490-1300
 CAO: 610-447-5500
 HAP: 610-713-2306
 MATP: 610-490-3977
 MH/MR: 610-713-2330
 SW: 866-550-4355

ELK

AAA: 814-776-2191
 CAO: 800-847-0257
 HAP: 814-772-3838
 MATP: 877-282-4968
 MH/MR: 814-362-4601
 SW: 866-550-4355

ERIE

AAA: 814-459-4581
 CAO: 800-635-1014
 HAP: 814-451-6800
 MATP: 814-455-3330
 MH/MR: 814-451-6800
 SW: 866-550-4355

FAYETTE

AAA: 724-684-9000
 CAO: 877-832-7545
 HAP: 724-430-4558
 MATP: 724-430-4600
 MH/MR: 724-430-1370
 SW: 866-550-4355

FOREST

AAA: 814-726-1700
 CAO: 800-876-0645
 HAP: 814-755-3537
 MATP: 814-927-8266
 MH/MR: 814-726-2100
 SW: 866-550-4355

FRANKLIN

AAA: 717-263-2153
 CAO: 800-921-8839
 HAP: 717-261-3141
 MATP: 717-264-5225
 MH/MR: 717-264-5387
 SW: 866-550-4355

FULTON

AAA: 814-623-8148
 CAO: 800-222-8563
 HAP: 717-485-3553
 MATP: 717-485-0931
 MH/MR: 717-264-5387
 SW: 866-550-4355

GREENE

AAA: 724-684-9000
 CAO: 888-410-5658
 HAP: 724-852-5305
 MATP: 724-627-6778
 MH/MR: 724-852-5276
 SW: 866-550-4355

HUNTINGDON

AAA: 814-623-8148
 CAO: 800-237-7674
 HAP: 814-643-3010
 MATP: 814-641-6408
 MH/MR: 717-242-6467
 SW: 866-550-4355

INDIANA

AAA: 724-349-4500
 CAO: 800-742-0679
 HAP: 724-463-8200
 MATP: 724-463-3235
 MH/MR: 724-548-3451
 SW: 866-550-4355

JEFFERSON

AAA: 814-849-3096
 CAO: 800-242-8214
 HAP: 814-938-3302
 MATP: 814-938-3302
 MH/MR: 814-265-1060
 SW: 866-550-4355

JUNIATA

AAA: 717-242-0315
 CAO: 800-586-4282
 HAP: 717-248-0102
 MATP: 717-242-2277
 MH/MR: 717-242-6467
 SW: 866-550-4355

LACKAWANNA

AAA: 570-963-6740
 CAO: 877-431-1887
 HAP: 570-963-6836
 MATP: 570-963-6482
 MH/MR: 570-346-5741
 SW: 866-550-4355

LANCASTER

AAA: 717-299-7979
 CAO: 717-299-7411
 HAP: 717-299-7301
 MATP: 717-291-1243
 MH/MR: 717-299-8021
 SW: 866-550-4355

LAWRENCE

AAA: 724-658-3729
 CAO: 800-847-4522
 HAP: 724-658-7258
 MATP: 724-652-5588
 MH/MR: 724-658-2538
 SW: 866-550-4355

LEBANON

AAA: 717-273-9262
 CAO: 800-229-3926
 HAP: 717-867-2909
 MATP: 717-273-8901
 MH/MR: 717-274-3415
 SW: 866-550-4355

LEHIGH

AAA: 610-782-3034
 CAO: 610-821-6509
 HAP: 610-782-3036
 MATP: 610-432-3200
 MH/MR: 610-782-3500
 SW: 866-550-4355

LUZERNE

AAA: 570-822-1158
 CAO: 570-826-2100
 HAP: 570-826-8801
 MATP: 570-288-8420
 MH/MR: 570-825-9441
 SW: 866-550-4355

LYCOMING

AAA: 570-323-3096
 CAO: 877-867-4014
 HAP: 570-323-9448
 MATP: 570-323-7575
 MH/MR: 570-323-6467
 SW: 866-550-4355

McKEAN

AAA: 814-776-2191
 CAO: 800-822-1108
 HAP: 814-368-4235
 MATP: 877-282-4968
 MH/MR: 814-362-4601
 SW: 866-550-4355

MERCER

AAA: 724-662-6222
 CAO: 800-747-8405
 HAP: 724-981-5310
 MATP: 724-662-6222
 MH/MR: 724-662-1550
 SW: 866-550-4355

MIFFLIN

AAA: 717-242-0315
 CAO: 800-382-5253
 HAP: 717-248-6733
 MATP: 717-242-2277
 MH/MR: 717-242-6467
 SW: 866-550-4355

MONROE

AAA: 570-420-3735
 CAO: 570-424-3030
 HAP: 570-420-3750
 MATP: 570-839-8210
 MH/MR: 570-420-1900
 SW: 866-550-4355

COUNTY BY COUNTY HELPLINES

MONTGOMERY

AAA: 610-278-3601
 CAO: 610-270-3500
 HAP: 610-278-3601
 MATP: 215-542-7433
 MH/MR: 610-278-3642
 SW: 866-550-4355

MONTOUR

AAA: 570-784-9272
 CAO: 570-275-7430
 HAP: 570-271-3028
 MATP: 570-271-0833
 MH/MR: 570-275-5422
 SW: 866-550-4355

NORTHAMPTON

AAA: 610-559-3245
 CAO: 610-250-1700
 HAP: 610-559-3010
 MATP: 610-432-3200
 MH/MR: 610-974-7555
 SW: 866-550-4355

NORTHUMBERLAND

AAA: 570-644-4545
 CAO: 800-368-8390
 HAP: 570-495-2201
 MATP: 570-644-4463
 MH/MR: 570-988-4434
 SW: 866-550-4355

PERRY

AAA: 717-582-5128
 CAO: 800-991-1929
 HAP: 717-582-8703
 MATP: 717-567-2490
 MH/MR: 717-240-6320
 SW: 866-550-4355

PHILADELPHIA

AAA: 215-765-9000
 CAO: 215-560-2900
 HAP: 215-686-7104
 MATP: 215-563-2000
 MH/MR: 215-685-5460
 SW: 866-550-4355

PIKE

AAA: 570-775-5550
 CAO: 570-296-6114
 HAP: 570-296-3439
 MATP: 570-775-5550
 MH/MR: 570-420-1900
 SW: 866-550-4355

POTTER

AAA: 814-544-7315
 CAO: 800-446-9896
 HAP: 814-544-7315
 MATP: 814-544-7315
 MH/MR: 814-544-7315
 SW: 866-550-4355

SCHUYLKILL

AAA: 570-622-3103
 CAO: 877-306-5439
 HAP: 570-628-1190
 MATP: 570-628-1425
 MH/MR: 570-628-1180
 SW: 866-550-4355

SNYDER

AAA: 570-524-2100
 CAO: 570-374-8126
 HAP: 570-374-8938
 MATP: 570-522-1390
 MH/MR: 570-275-5422
 SW: 866-550-4355

SOMERSET

AAA: 814-443-2681
 CAO: 800-248-1607
 HAP: 814-445-9628
 MATP: 814-445-9628
 MH/MR: 814-443-4891
 SW: 866-550-4355

SULLIVAN

AAA: 570-265-6121
 CAO: 877-265-1681
 HAP: 570-278-3338
 MATP: 570-265-4057
 MH/MR: 570-265-2211
 SW: 866-550-4355

SUSQUEHANNA

AAA: 570-265-6121
 CAO: 888-753-6328
 HAP: 570-278-3338
 MATP: 570-853-4510
 MH/MR: 570-346-5741
 SW: 866-550-4355

TIOGA

AAA: 570-265-6121
 CAO: 800-525-6842
 HAP: 570-724-5766
 MATP: 570-265-4057
 MH/MR: 570-724-5766
 SW: 866-550-4355

UNION

AAA: 570-524-2100
 CAO: 570-524-2201
 HAP: 570-374-8938
 MATP: 570-522-1390
 MH/MR: 570-275-5422
 SW: 866-550-4355

VENANGO

AAA: 814-432-9711
 CAO: 877-409-2421
 HAP: 814-432-9767
 MATP: 814-432-9767
 MH/MR: 814-432-9753
 SW: 866-550-4355

WARREN

AAA: 814-726-1700
 CAO: 800-403-4043
 HAP: 814-726-2400
 MATP: 814-723-1874
 MH/MR: 814-726-2100
 SW: 866-550-4355

WASHINGTON

AAA: 724-684-9000
 CAO: 800-835-9720
 HAP: 724-228-6995
 MATP: 724-223-8747
 MH/MR: 724-228-6832
 SW: 866-550-4355

WAYNE

AAA: 570-253-4262
 CAO: 877-879-5267
 HAP: 570-278-1889
 MATP: 570-253-4280
 MH/MR: 570-346-5741
 SW: 866-550-4355

WESTMORELAND

AAA: 724-830-4444
 CAO: 800-905-5413
 HAP: 724-832-7269
 MATP: 724-832-2706
 MH/MR: 724-830-3617
 SW: 866-550-4355

WYOMING

AAA: 570-822-1158
 CAO: 570-836-5171
 HAP: 570-836-4090
 MATP: 570-288-8420
 MH/MR: 570-825-9441
 SW: 866-550-4355

YORK

AAA: 717-771-9610
 CAO: 800-991-0929
 HAP: 717-771-9347
 MATP: 717-845-7553
 MH/MR: 717-771-9618
 SW: 866-550-4355

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