

## LGBTQI Resource Information

### **1. The Trevor Project (National)**

- **Services:** The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth.
- **Project Partners:** Ben Cohen Foundation; City Year; Friends of Project 10; GLSEN, The Jed Foundation; Kognito Interactive; The Matthew Shepard Foundation; National Suicide Prevention Lifeline; Out to Innovate; PFLAG; ReachOut.com; Teach for America
- **Population served:**  
Young People Ages 13 to 24
- **Phone**  
(866) 488-7386
- **Website**  
<http://www.thetrevorproject.org>
- **The Trevor Helpline**
- The Trevor Hotline is a 24-hour, toll free, 365 day-a-year confidential suicide hotline for gay, lesbian, transgender and questioning youth.

#### **Crisis Interventions**

**Trevor Lifeline:** The only national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people available.

**TrevorChat:** A free, confidential, secure instant messaging service for LGBTQ youth that provides live help from trained volunteer counselors, open daily from 3:00pm to 9:00pm ET/12:00pm to 6pm PT

**TrevorText:** A free, confidential, secure service in which LGBTQ young people can text a trained Trevor counselor for support and crisis intervention, available Fridays from 4:00pm to 8:00pm ET/1:00pm to 5:00pm PT at 202-304-1200.

### **2. Pittsburgh Parents, Family And Friends Of Gay And Lesbians (PFLAG)**

- **Services:** Promotes the health and well-being of gay, lesbian, bisexual, and transgender youth by support groups, community education programs, and advocacy to end discrimination. Also offers support services to family and friends of gay and lesbian individuals.
- **Population served:** Parents, Family and Friends of individuals identified in the LGBTQI community
- **Chapter: Greensburg**
- **Address:**  
PO Box 181  
Greensburg, PA 15601
- **Telephone Number:**  
724-610-9334
- **Chapter: Pittsburgh**
- **Address**  
PO Box 113244  
Pittsburgh, PA 15241
- **Telephone Number:**  
412-833-4556
- **Website**  
<http://pflagpgh.org>

### 3. **The Gay, Lesbian and Straight Education Network (GLSEN)**

- **Services:** GLSEN is an education organization creating safe schools for all lesbian, gay, bisexual and transgender people. The Gay, Lesbian and Straight Education Network strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.
  - **Chapter:** *Pittsburgh*
  - **Address:**
    - GLSEN Pittsburgh
    - c/o The Beauty Shoppe
    - 6101 Penn Ave Suite 201
    - Pittsburgh, Pennsylvania 15206
  - **Telephone Number:**
    - 412-254-4573
  - **Website:**
    - [pittsburgh@chapters.glsen.org](mailto:pittsburgh@chapters.glsen.org)
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### 4. **PERSAD Center**

- **Overview:** Provides counseling to Gay, Lesbian, Bisexual and Transgender individuals as well as HIV+ individuals and their family members. PERSAD is able to offer counseling services to individuals regardless of their ability to pay and will not turn anyone down for services.
- **The larger Community:** Dream of Hope, GLSEN-National; GLSEN-Pittsburgh, The Trevor Project; ACLU(American Civil Liberties Union), Equality Pennsylvania; Freedom to Marry; Human Rights Campaign; Lambda Legal; National Center for Lesbian Rights; National Gay and Lesbian Task Force; Equal Magazine; Out Online; Gay For Good; Gay and Lesbian Community Center of Pittsburgh; Pittsburgh Pride; Metro Family Practice; Planned Parenthood of Western Pennsylvania; Area Agency on Aging; Pittsburgh Prime Timers; Services & Advocacy for GLBT Elders (SAGE) USA; PAAR (Pittsburgh Action Against Rape); PFLAG; Pittsburgh AIDS Task Force; Shepherd Wellness Community; Initiative for Transgender Leadership; National Center for Transgender Equality
- **Services:**
  - **Counseling/Mental Health**
    - Individual, family and couples counseling, group therapy, support and educational groups, psychiatric evaluation and medication management.

#### **Youth programs**

***Street Outreach Services (SOS)***-Part of the National Runaway and Homeless Youth Network, helps youth who are on the streets with no stable place to live.

***Safe Spaces-Suicide Prevention***-Engages youth in creating their own outreach projects to help reduce the incident of suicide and depression among peers.

***After School Program***-A place for LGBTQ youth to meet up with friends, meet new people, decompress after school, get help with their homework and talk with other youth and youth leaders about their lives.

***Street Smart***-A 10 session group for youth to discuss and learn how to keep themselves safe and to deal with the pressures of being asked to use drugs, alcohol or be involved in unsafe sex.

#### **HIV/AIDS**

***Prevention/Education***

***Free Testing***

### *Counseling*

#### **Intimate Partner Abuse Program**

Helps individuals examine negative patterns in their relationships, how to spot triggers for violence and teaches skills to stop the cycles of abuse.

Helps individuals who may have been arrested in a same sex domestic violence incident by helping the individual examine violent reactions, triggers, feelings and learn new behaviors.

Helps victims of violence evaluate their relationships, how to stay safe, make action plans to use in emergencies and recognize that the violence is being used as a tool of power and control.

#### **Older Adult Services**

*Resources and Referrals*

*Event and Programs*

*Friendly Visitor Program*

*Training Programs for Senior Service Workers and Agencies*

*Western Pennsylvania SAGE at Persad (SAGE is the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual and transgender older adults. Provides a variety of older adult services and offers National Resource Center training on LGBT elders to groups that serve or are interested in learning more about this population of consumers.)*

#### **Substance Abuse Treatment**

*Outpatient Substance Abuse Treatment*

*12 Step Recovery*

#### **Transgender Services**

Specialized transgender counseling services which include gender evaluation, individual, couples, group counseling, family education programs and referrals. Persad works with a network of professionals that assist with legal services, primary medical care, hormone treatment and cosmetic and reconstructive surgery. In addition, advocate for gender-non-conforming people who have experienced discrimination.

### **Pittsburgh**

- **Contact:** Jo Ellen Smith, Admissions Coordinator
- **Address**  
5150 Penn Ave  
Pittsburgh, PA 15224
- **Telephone Phone**  
(412) 441-9786 ext. 222 | (888) 873-7723
- **Email**  
[jsmith@persadcenter.org](mailto:jsmith@persadcenter.org)

### **Erie**

- **Contact:** Ted Hoover
- **Address**  
PO Box 3780  
Erie, PA 16508
- **Telephone Phone**  
1-888-873-7723 ext. 218
- **Email**  
[thoover@persadcenter.org](mailto:thoover@persadcenter.org)

Washington

- **Contact:** Jan Cox
- **Telephone Phone**  
724-344-6625
- **Email**  
[jcox@persadcenter.org](mailto:jcox@persadcenter.org)

**5. GLENDIA: Gay And Lesbian Neighborhood Development Association**

- **Services:** Provides projects each month dedicated to promoting diversity through community service.
- **Phone**  
412-422-1303

**6. Gay And Lesbian Community Center Of Pittsburgh**

- **Services:** A volunteer organization that provides resources to gay, lesbian, bisexual, and transgender individuals, their families, and supporters in the community. Also attempts to promote visibility, understanding, and equality in the community at large.
- **Phone**  
412-422-0114
- **Website**  
[www.glccpgh.org](http://www.glccpgh.org)

**7. LGBT Scholarship/Fellowship/Internship Resources**

- **Services:** Information on scholarships, fellowships, and internships available to current and prospective Penn State students.
- **Address**  
At Penn State University.
- **Website**  
<http://studentaffairs.psu.edu/lgbta/scholarships.shtml>

**8. The Center for Lesbian and Gay Civil Rights**

- **Services:** The Center advocates equality for lesbian, gay, bisexual and transgender Pennsylvanians through direct legal services, education and policy reform.
- **Phone**  
(215) 731-1447 or (866) LGBT-LAW
- **Website**  
<http://www.equalitypa.org>
- **Email**  
[c4crinfo@center4civilrights.org](mailto:c4crinfo@center4civilrights.org)

**9. LGBT Youth in Crisis Hotline**

- **Services:** Youth serving youth through age 25. Peer counseling, information, and local resources.
- **Phone**

(800) 246-7743

- **Website**  
<http://www.youthtalkline.org>

## **10. Gay, Lesbian, Bisexual, and Transgender Helpline**

- **Services:** The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as well as factual information and local resources for cities and towns across the United States.
- **Phone**  
(888) 843-4564
- **Website**  
<http://www.glnh.org>

## **11. L-PRIDE List-Serve**

- **Services:** Student and community list-serve.
- **Email**  
[L-pride-subscribe-request@lists.psu.edu](mailto:L-pride-subscribe-request@lists.psu.edu)

## **12. Rainbow List-Serve**

- **Services:** A weekly email with Penn State's LGBTQA happenings
- **Email**  
[l-rainbow-subscribe-request@lists.psu.edu](mailto:l-rainbow-subscribe-request@lists.psu.edu)