

# Adult Services

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## **Administrative Service Management (ASM)**

Activities undertaken to ensure intake into the county mental health system and the appropriate and timely use of available resources and specialized services that best address the needs of individuals seeking mental health services.

## **Advocacy/Support Programs**

Fayette County offers a variety of supportive service programs. The Mental Health Association of Fayette County offers the Representative Payee Program for people having difficulty managing social security benefits. The Consumer/Family Satisfaction Team assures that consumers of mental health services and families of consumers are receiving quality service.

Advocacy Network is a host and home to advocacy groups and a source of information for families and /or individuals who need an advocate to help them navigate mental health services in Fayette County. Parent Involved Network advocates for families and children when children have emotional or behavioral disorders and are in need of mental health or special education services.

## **Assertive Community Treatment (ACT)**

ACT is an all-inclusive, community-based mental health treatment service available to adults with serious mental illness. The service is delivered by a team of peers and professionals headed by a psychiatrist. The team also supports the individual in other important aspects of their recovery – housing, employment, benefits management community integration, etc.

## **Blended Case Management (BCM)**

Blended Case management is a proactive case management service for adults and children with a serious emotional or behavioral disorder. BCM provides assistance in obtaining basic necessities such as food, medical, dental and mental health services.

## **Community Residential Rehabilitation Services (CRR)**

Community Residential Rehabilitation (CRR) facilities offer temporary housing for adults with serious mental illness. People who live at the CRR learn new or enhanced skills that support their recovery (for example, illness management and home management skills) and allow them to successfully transition to independent living in the community.

## **Consumer Family Satisfaction Team (CFST)**

Fayette County encourages input from consumers and families regarding local mental health services. The Consumer/Family Satisfaction Team surveys consumers and family members to assess their satisfaction with the services they have received. This information is used as part of an overall quality management plan to assure that Fayette County residents have access to quality mental health services and recovery supports.

### **Crisis Intervention Services (Hotline 724-437-1003)**

Crisis Intervention services provide immediate intervention to assure safety for individuals experiencing moderate to severe distress. Crisis intervention services are delivered in a variety of ways, including telephone, walk-in, mobile crisis and crisis residential services.

### **Drop-In Center**

Mental Health consumers can visit drop-in centers to seek support from their peers, participate in social activities, seek help in obtaining services and benefits, or simply relax and have fun.

### **Emergency Services**

Administrative functions undertaken after a petition for involuntary commitment has been completed.

### **Employment Services**

An array of community-based supportive services to assist consumers in finding and maintaining jobs that pay competitive wages.

### **Extended Acute Care (Highlands Hospital)**

Acute Behavioral Health Care Unit (EAC) accepts patients over the age of 18 and older who are preparing for discharge from an inpatient acute behavioral health care unit. The EAC is a transitional service to support individuals as they prepare to return to living in the community. Within a therapeutic-rich environment, the EAC is a part of the recovery-focused process that seeks to promote individual choices around treatment and provide opportunities that embrace collaboration with the individual, their family, and the treatment team. Primary areas include physical and mental health and wellness, emotional and behavioral stability including self-esteem, hope, coping skills, self-confidence, and social quality of life.

### **Forensic Services**

Counseling and psychiatric treatment is provided to incarcerated individuals when needed. Case Management is also provided to adult mental health consumers who are incarcerated so they can access services and treatment prior to their release back to the community. A continuum of services is available to address the mental health needs of individuals with serious mental illness in the criminal justice system, including outpatient services at the County Prison; a Forensic Diversion and Re-Entry Team that helps individuals with a serious mental illness and criminal justice history successfully re-integrate into the community following incarceration; and a specialty Treatment Court to assure that eligible non-violent offenders with a serious mental illness are sentenced to treatment and monitoring by the Court rather than jail.

**Inpatient Hospitalization** There are several psychiatric inpatient hospitals in or near Fayette County that provide 24-hour psychiatric care for adults.

### **Long Term Structured Residential Program (LTSR)**

The LTSR is a 24-hour, highly structured, therapeutic residential facility, designed to serve persons eighteen years or older who are eligible for psychiatric hospitalization, but who are able to receive intensive treatment in a community setting.

### **Mental Illness and Substance Abuse (MISA)**

MISA services provide assessment, cross-system treatment and service planning to people with serious mental illness and co-occurring substance abuse issues.

### **Outpatient Services**

Outpatient mental health services include psychiatric and psychological evaluation, family/group/individual counseling, and medication management services for people suffering minimal to moderate distress. Outpatient services are usually provided in an office or clinic setting, but are also available in some schools and other community settings.

### **Partial Hospitalization**

Partial Hospitalization is a day program that includes mental health treatment under the direction of a psychiatrist as well as group therapy and psycho-educational activities.

### **Peer Support Services**

Services for individual with a history of, serious mental illness centered on the recovery goals identified by the consumer to facilitate for self-advocacy, skills training, self-help skills and support.

### **Psychiatric Rehabilitation Services**

Services are designed to meet the needs of adult consumers who have experienced mental illness and provide an opportunity to explore vocational interests, participate in work-related activities, and receive social and emotional support.

### **Representative Payee Services**

Representative-payee services are available to assist adults with a serious mental health disorder in managing their finances, assuring that basic needs like housing, utilities, food, and clothing are met.

### **Supported Housing**

The supported housing program for adult mental health consumers includes in-home supports, assistance in locating housing, rental skill building, budgeting and more.

### **Vocational Rehabilitation**

Facility-based vocational training to help prepare individuals with serious mental health disorders for jobs in the community.

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