

# Children's Services

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## Advocacy/Support Programs

**Parent Involved Network (PIN)** advocates for families and children when the child has an emotional or behavioral disorder. PIN has special expertise in helping parents advocate for special education services.

## **Behavioral Health Rehabilitation Services (BHRS)**

These services help children and adolescents with serious emotional or behavioral problems to be more successful at home, in school, or in other community settings. These services must be prescribed by a psychiatrist or a licensed psychologist.

## Case Management

### **Administrative Service Managers (ASM)**

Present children and their families with free information, referral and monitoring services. Families can contact these professionals by calling Fayette County Behavioral Health Administration.

### **Blended Case Managers**

Help children who have emotional or behavioral problems and their families find local services such as counseling; medical services; recreation programs; housing; cash and medical benefits; and educational support programs.

## **Crisis Intervention**

Counselors are available in the office or over the phone to speak to adults or children who are feeling depressed, overwhelmed or frightened. The 24-hour crisis phone number is (724) 437-1003.

## **Early Intervention**

Early Intervention Services are available to meet the individual and family needs of infants and toddlers from birth to age 3 who have been evaluated as having a developmental delay.

### **Family-Based Mental Health Services**

Family therapy services are provided in the child's home by a team of two professionals trained in structural family therapy. The team works with everyone in the family to improve relationships and to help the family take advantage of other resources in their community. The team can also help the child and family deal with problems at school and in the community. Several agencies in Fayette County offer this level of care.

### **High Fidelity Wraparound**

A team approach that builds on the strengths of the family and their supports. We brainstorm ideas with families to develop plans around their needs.

### **Inpatient Hospitalization**

There are several psychiatric inpatient hospitals within 50 miles of Fayette County that provide 24-hour psychiatric care for children and adolescents.

### **Mental Health Residential Services**

In some cases, children or adolescents (up to age 21) may need time away from their home in order to benefit from treatment. Residential treatment facilities, encourage and support parents remaining actively involved in the planning and delivery of treatment services for their child while the child is away as well as being involved in planning their child's return home.

### **Multi-Systemic Therapy (MST)**

MST clinicians work with youth ages 10-18 and their families to address behaviors like aggression, truancy, substance abuse, or ongoing conflict at home or school.

### **Outpatient Psychiatric Services**

Many children and adolescents experience challenges at home, at school or in the community. Many of these issues can be successfully treated in an outpatient setting. Outpatient services can include individual, group, and family counseling as well as medication evaluations. Outpatient services are provided by a variety of individuals/agencies in or near Fayette County.

### **Parent Child Interaction Therapy (PCIT)**

PCIT is a specialized outpatient service that research has shown can help parents deal with common behavior problems in young children – problems like tantruming, aggression, or not listening. PCIT has also been shown to improve the quality of the relationship between parent and child. PCIT is available at several mental health clinics in the area.

### **Partial Hospitalization (New Directions)**

Partial Hospitalization is a comprehensive day treatment program under the direction of a child psychiatrist that combines mental health treatment and public education. Partial Hospitalization is intended to help children avoid hospitalization or out-of-home placement. Transportation is provided by the child's school district, and the educational credits are transferable to the home school upon discharge from the program.

### **Student Assistance Program (SAP)**

Working together with school personnel as part of a SAP Team, mental health professionals help to identify and assess the needs of "at risk" students. Families of students with identified needs are referred to a variety of resources in the community.

### **Therapeutic Host Home**

Out-of-home care by foster parents with specialized training to care for a wide variety of children and adolescents, usually those with significant emotional, behavioral, or social issues or medical needs.