



SUMMER 2023

Summer Food Service Program (SFSP)

SUMMER FOOD SERVICE PROGRAM

NEW ILLEGAL DRUGS IN FAYETTE COUNTY

L.I.C.C. PICNIC

IT'S SUMMERTIME

NATIONAL NIGHT OUT HOOPS AND SCOOPS

CELEBRATE THE FAMILY CONFERENCE



Office Hours
8:30 AM-4:30 PM
Mon-Fri

Office Closures
7/04/23 — Independence Day
9/04/23 — Labor Day

The United States Department of Agriculture's Summer Food Service Program (SFSP), is a federally funded program that provides free meals to children so they may receive the same high-quality nutrition during the school vacations that they get in school during the school year. Continued nutrition helps children return to school after summer ready to learn.

Children 18 years and under may receive meals through the SFSP. Individuals 19 years of age and over who have a mental and physical disability and participates during the school year in a public or private school program is also eligible to receive meals.

Meals are served at sites located in areas with significant concentrations of children from low-income families.

All meals and snacks served through the SFSP must meet federal nutrition standards, and require servings of grains, proteins, fruits and vegetables, and milk.

The SFSP is a federally funded program operated nationally by the U.S. Department of Agriculture and administered in Pennsylvania by the Department of Education. Non-profit organizations sponsor the Program and receive reimbursement for meal sites who serve the required reimbursable nutritious meals to eligible children.

How can you help?
[Become a meal sponsor](#)
[Operate a meal site](#)
[Provide meals](#)



Contact:
Email: RA-SFSP@pa.gov
Phone: [1-800-331-0129](tel:1-800-331-0129)

FCBHA MISSION: To enrich lives by providing choice and access to resources that encourage hope, independence and recovery.

New Illegal Drugs in Fayette County

Two new substances are being seen in the illicit drug supply in Fayette County. Both increase the risk of overdose in individuals as well as come with their own set of physical health complications. These new drugs are Nitazene Analogs and Xylazine. Both substances have an increased presence in Fayette County, so individuals may not be aware of their exposure to either of these substances. So, what are they?

Nitazene Analogs are:

- Synthetic opioids that are up to 40 times more potent than fentanyl and up to 500 time more potent than morphine
- Strong opioids that may cause an overdose, even when taken in small amounts
- Not prescribed by physicians
- Present in some uncontrolled substances that are labeled and marked as another substance, such as heroin or fentanyl
- Not detected in fentanyl test strips
- Responsive to Naloxone Narcan in overdose cases (higher doses or redosing may be necessary)

Xylazine is:

- A non-opioid veterinary tranquilizer not approved for human consumption
- Often added to street fentanyl to prolong its effects
- Associated with increasing fatal overdoses and chronic wounds
- The most common adulterant to the illicit drug supply
- Associated with necrotic skin wounds that can be progressive and extensive at the site of injection as well as other locations
- Not responsive to Naloxone aka Narcan; however, Narcan should be dispensed if suspicion of an opioid overdose occurs

Point of Care testing for Xylazine is not yet available.

How can an individual protect himself/herself?

- If you are going to use, never use alone. Have a friend or family member nearby (**Never Use Alone Hotline (1-800-484-3731)**)
- Carry Naloxone/Narcan

More information can be found at: <https://www.substanceusephilly.com>

In 2022, there were 79 overdose deaths in Fayette County.

So far in 2023 there were 23 confirmed overdose deaths with an additional 50 deaths pending coroner review.

Free Narcan Kits are available at Fayette County Drug and Alcohol Commission, Inc. 100 New Salem Road, Uniontown. You can also request a kit be mailed to you by going to <https://www.fcdaa.org/narcan-kits> and completing an online form. The information you provide will be kept confidential.

Are you or is someone you know suffering from substance use disorder? Call **1-800-662-HELP (4357)** for information about treatment resources. Your call is confidential. The hotline is staffed by trained professionals 24 hours a day, seven days a week, and is available in both English and Spanish.

LICC Picnic

The Fayette County Local Interagency Coordinating Council (LICC) held their annual picnic on June 21, 2023 at Areford Park in Uniontown, Pa. There were 32 family members who attended this event. Early Intervention providers set up activities throughout the park for the kids and families to enjoy. There was a duck pond, face painting, bag decorating, coloring and free books available. Agencies with tables included, Arc of Fayette, Stars, Parent to Parent, Parents as Teachers, Pathways, Head Start of Fayette County, Pre-K Counts and A Child's Place. The playground was fantastic and the kids were swinging, spinning on the merry go round, climbing the monkey bars, sliding down the slides and climbing the jungle gym. There were 5 door prizes awarded to families holding the winning ticket. Food was catered by Hartsek Catering. The Kona shaved iced truck arrived after lunch and everyone at the event was treated to a classic Kona shaved ice. The weather cooperated and it was an overall beautiful day.

If you would like more information about the Fayette County LICC, please contact Tina Berthlotte, Developmental Program Specialist, birth to 3, Early Intervention Coordinator, at Fayette County Behavioral Health Administration, (724)430-1370.



It's Summertime!

What makes Summer so awesome? Spring is associated with renewal and new beginnings after a cold winter and many days spent indoors. With summer comes opportunities to get out of the confines of your home, school and workplace to enjoy outdoor activities in a warmer climate. There's much to do without the limitations of bulky clothing and inclement weather events.

For starters, vacations and day trips are much more frequent and enjoyable during the Summer season. Even time spent at home is much more fulfilling as the temperatures expand your living spaces to include your front/back yard. Outdoor games, picnics, and barbeques are just a few things you can do that are just steps away from your front door and with little added costs.

I would be remiss if I didn't mention the bounty of fresh produce available during the Summer months. These food staples are not only delicious; they are healthier for our physical and mental states. Farmer's markets provide opportunity to enjoy produce not available during the Winter. And it is a wonderful way to support your local economy.

Lastly, there are various outdoor events and activities, many of them free, that occur during Summer. Free live-music concerts, movies at the park, fireworks shows, festivals, amusement parks, hiking, bicycling and water activities like swimming, boating, and surfing are on the menu.

So, do yourself a favor and take in the bounty that Summer has to offer. Get off the couch, tuck your phone away, put on some sunscreen and enjoy life outdoors.



National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live.

In Fayette County, National Night Out is better known as Hoops and Scoops. We set the stage for a fun and friendly free-throw basketball competition. Those in attendance are provided free ice cream and an opportunity to gather information on local resources. There's music, prizes and fun for all ages.

More information on National Night out can be found at:

<https://natw.org/about/>



The Fayette County Family Council Presents

3rd Annual Celebrate the Family Conference "Breaking the Cycle"

Bringing together families and providers to inform, educate and address the link between childhood trauma and addictive behaviors in adults.



September 27, 2023
9 AM - 2 PM



Hilton Garden Inn
555 Synergy Drive
Uniontown PA 15401



Our Keynote Speakers:



**Dr. Debra Luther,
Ph.D.**
CEO,
Carelon Health of
Pennsylvania



**Dr. Mark G. Fuller MD,
FACP, FASAM**
Interim Medical Director
Carelon Health of
Pennsylvania



Co-hosted by the Advocacy Network-
Mental Health Association in Fayette County

Space is limited.

To register call 724-691-1891
adrienne.russell@adelphoi.org

What do we have in common?

Stay tuned for our Autumn
newsletter to find out...



**Fayette County Behavioral Health Administration
215 Jacob Murphy Lane
Uniontown, PA 15401**

**24/7 Crisis Hotline
(724) 437-1003**



**Fayette County
Behavioral Health
Administration**

(724) 430-1370

David W. Rider
Administrator/CEO

www.FCBHA.org



**Fayette County
Board of Commissioners**

Dave Lohr, Chairman
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FCBHA Fraud and
Abuse Hotline
1-866-275-6467



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The ANSWER is a publication of the Fayette County Behavioral Health Administration.
Comments, questions or suggestions may be submitted to the Newsletter Editor at www.fcbha.org or
Fayette County Behavioral Health Administration, 215 Jacob Murphy Lane, Uniontown, PA 15401.