

## HOW WE HELP:

**SUPPORT  
ADVOCACY  
EDUCATION**

WE ARE AFFILIATED WITH:

- NAMI OF PENNSYLVANIA
- NAMI OF SOUTHWESTERN PENNSYLVANIA



### Family Support Meetings

**IRWIN**

**WEST HEMPFIELD PRESBYTERIAN  
CHURCH**

**WE MEET THE 2<sup>ND</sup> TUESDAY OF EVERY  
MONTH  
7:00 – 8:30 PM**

**CONTACT:**

**412-596-5071**

**NATIONAL ALLIANCE FOR THE  
MENTALLY ILL OF MON VALLEY  
A SUPPORT GROUP FOR FAMILY  
MEMBERS AND FRIENDS OF PEOPLE  
WITH SEVERE MENTAL ILLNESS**



**PLEASE JOIN US IN  
BUILDING A BETTER  
LIFE FOR PEOPLE WITH  
SERIOUS MENTAL  
ILLNESS**

**FOR MORE INFORMATION CALL  
HARRIETT HETRICK**

**PLEASE JOIN US IN BUILDING A BETTER  
LIFE FOR PEOPLE WITH SEVERE  
MENTAL ILLNESS.**

NAMI  
of  
MON VALLEY

We are a support group for parents, sisters, children, spouses, brothers and friends of persons with serious mental illness. We share each other's pain and we share each other's hope. When mental illness strikes a loved one all family members suffer.

We support each other by sharing our common problems, experiences and solutions. We help one another learn to cope with their loved one's bewildering illness and baffling symptoms. No one understands the sense of isolation, guilt, stress and frustration better than someone dealing with the same experience.



OUR GOALS

To give emotional support to anyone dealing with serious mental illness.

To educate ourselves about mental illness, daily living problems and available community services.

To work with mental health professionals and agencies to provide the best care possible for persons having serious mental illness.

Through our monthly meetings, newsletters, lending library, coping classes and educational seminars, our members become more knowledgeable and better able to cope with serious, chronic mental illness.

