

Dear Bereaved and family,

Masontown Amedisys Hospice wants to invite you to our monthly support group! This will be an informal and very relaxed atmosphere. Anyone is more than welcome to attend. No matter where you are in your grieving process, this group is for you! Our goal is to connect and provide support for each other during a difficult time. Together we can help accomplish our goal of being there for one another.

The nice thing about this group is that you don't have to come every month! I know we all have busy schedules and things come up in our lives. When you are available, or feel like you could benefit from this group, you are welcome at any time. Also, no one will be singled out or put on the spot to talk about their feelings, nor will anything that we discuss be permitted to leave the room.

At these meetings participants support each other emotionally, share information and concerns, or learn from programs and guest speakers how, together, each can find their own strengths to begin life again.

We will have light refreshments available, but you are more than welcome to bring in something if you wish, although it's not required.

We will be meeting the last Wednesday of every month at 1:00 pm in our Masontown office. We ask that you please call to RSVP for the meetings due to covid and social distancing. For everyone's safety, masks are required and social distancing will be followed.

I hope to see you soon and if you have any questions, please give Kayla a call at the office! 724-583-2680

**2021-2022 Support Group Meeting dates:**

November 24 <sup>th</sup>	March 30 <sup>th</sup>	July 27 <sup>th</sup>
December 29 <sup>th</sup>	April 27 <sup>th</sup>	August 31 <sup>st</sup>
January 26 <sup>th</sup>	May 25 <sup>th</sup>	September 28 <sup>th</sup>
February 23 <sup>rd</sup>	June 29 <sup>th</sup>	October 26 <sup>th</sup>



**Be strong, be fearless, be beautiful. And believe that anything is possible when you have the right people there to support you. -Misty Copeland**