

The ANSWER

Fayette County Behavioral Health Administration Newsletter

**COVID 19
EDITION
SPRING 2020**

Please visit these sites for the latest information and official guidance on Covid 19

[CDC.gov/Coronavirus](https://www.cdc.gov/coronavirus)

[HHS.gov/about/news/
Coronavirus](https://www.hhs.gov/about/news/coronavirus)

[Governor.pa.gov](https://www.governor.pa.gov)

**Dealing with anxiety or other difficult emotions?
Call toll-free, 24/7**

**Mental Health Support Line
1-855-284-2494**

[my2020census.gov/](https://www.my2020census.gov/)



The census determines federal support for education, healthcare, housing, roads and more. Don't be left out. Complete the Census today.

**CONTACT Us:
(724) 430-1370
www.FCBHA.org**

**Office Hours
8:30 AM-4:30 PM**

Office Closures

5/25/20—Memorial Day
7/03/20—Independence Day

All In This Together



We're looking for photos of people throughout the County holding a #UnitedFayette sign. *Names of those shown in photographs will not be publicized.*

Have fun with this! Feel free to be creative, get shots of friends, family (seniors and children), animals, etc. Photos of former Fayette County residents who live elsewhere are also encouraged, as a show of solidarity!

Send photos to kkassimer@fayettecountypa.info or drhodes@fayettepa.org



FCBHA continues to work to provide choice and access to the residents of Fayette County. We are practicing social distancing working remotely from our homes. Our staff remains available Monday-Friday 8:30-4:30 to address the needs and concerns of those in need.

FCBHA MISSION: To enrich lives by providing choice and access to resources that encourage hope, independence and recovery.

Help is Near

While remaining separate, it is important to stay connected. Many businesses and organizations offer remote services by phone or video. You may also qualify to receive assistance during the current pandemic that you normally would not. Americans are stepping up to help those in need in a variety of ways. Since many of us are working and schooling from home, we are using much more wireless data. Many carriers have offered increased benefits to help with that need. Please see information below for resources and suggestions that may offer some relief. Advocate your needs. Contact your providers to see what current offers they may have.

Human Services Supports

Go to www.compass.state.pa.us for information on health insurance and food and energy assistance programs. You can apply for assistance on-line.

Technology Supports

Verizon Wireless-automatically added data across nearly all plans, to be used between 03/25/2020 and 04/30/2020 and will not charge overage fees during that time for postpaid calling plans with fixed minutes.

US Cellular eliminated Legacy Plan overage charges and provided 15GB extra hotspot data for Unlimited Everyday and Even Better plans.

T-Mobile-offered unlimited smartphone data for 60 days to those who were customers as of March13, 2020. They are working with Lifeline partners to provide customers extra free data and increasing data allowance for free to schools/students using EmpowerED program through May13, 2020.

Sprint-provided metered data plan customers unlimited data for 60 days (effective 3/18) and gave 20GB free mobile hotspot to customers with hot-spot capable devices.

Straighttalk-Text COVID to 611611 to receive additional data.

SafeLink-provided customers with unlimited talk/text and 5GB extra data through April 28.

Comcast-offered free access to Xfinity Wifi hotspots for everyone, including non-customers for 60 days and free basic internet to new customers for 60 days.

AT&T-suspended termination of wireless, home phone or broadband services when customers cannot pay their bill due to COVID. AT&T provided free access to its public WiFi hot spots and unlimited data to home wireline internet and fixed wireless internet customers.

Cure for the “Bore”

Look for ways to combat boredom by playing online games, listening to and making music, watching movies, doodling, exercising and chatting online. There are lots of apps (many of them free) to keep your mind and body active. There are even virtual museum tours and live animal cams broadcasting directly from the zoo. Try some of these:

GoogleDoodles Google.com/doodles

FitnessBlender.com

The National Gallery of Arts nqa.gov

Center for Puppetry puppet.org

NetflixParty.com

OpenCulture.com

Ted Talks Ted.com/talks

The National Aquarium aqua.org

Smithsonian National Zoo NationalZoo.si.edu

The Louvre ouvere.fr

Song Maker musiclab.chromeexperiments.com

Need someone to talk to

100 New Salem Road, Uniontown, 15401

Mental Health Urgent Care

<p>A Open Access</p> <p>Immediate access to a mental health professional. <u>NO</u> appointment necessary.</p> <ul style="list-style-type: none">✓ SAME DAY Assessments✓ Initial comprehensive screening & exam✓ Immediate Tele- health video assessments available <p>For questions about Open Access call (724) 437 - 0729</p>	<p>Crisis Services</p> <p>Crisis services are immediate, crisis-oriented services focused on assisting in resolving immediate stressor(s) an individual may be experiencing. Crisis services are available to individuals experiencing a mental health related episode or to those seeking assistance for individuals in crisis.</p> <p>For Immediate Crisis Assistance Call 24/7: (724) 437 - 1003</p>
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Free Lunch for Children

Fayette County School Sites for Lunch Distribution

Albert Gallatin School District (Pick up- Bagged Lunch- Daily 11-12)

AG High School
AG South Middle School
Masontown Elementary

Brownsville School District (Pick up Daily- 11:30-12:30)

Brownsville Middle School-back of building
Call 724-785-2155, ext. 2507 by 9:30AM to place order

Connellsville School District (Pick up- Daily 11-1)

Connellsville Area High School (Cafeteria Entrance)
Dunbar Elementary
Bullskin Elementary
Springfield Clifford N. Pritts Elementary
Connellsville Community Center
Beginning March 18th, children will receive both breakfast and lunch

Frazier School District (Pick up Daily 11-1)

Frazier Middle School (Front Entrance)
Please call by noon the previous day to place order @ 724-736-9507, ext. 431

Laurel Highlands School District (Pick Up- Bagged Lunch/Breakfast

Items for next day, Daily 11-12) LH High School (Main Entrance)
LH Middle School (Main Entrance)
If planning to access the service, please call the main office or complete survey online at www.lhsd.org

Uniontown School District (Pick up Daily 11-1)

Available at all Uniontown District Schools; please call the school office of the intended pick up site by 9:30 AM to place order

Fayette County Restaurants for Lunch Distribution

Keedys Restaurant -512 W. Crawford Ave. Connellsville
Free Lunch Daily to Connellsville K-12 students from 11:00-2:00 Call 724-603-2929 to pre order

Titlow Tavern and Grille- Main Street Uniontown

Free Lunch Tuesday-Saturday, 11:00-1:00 during school closure Registration of Student Name/Grade/School District requested

Maywood Grill-Chalk Hill

Free Lunch for Students Tuesday-Friday, 11-2 during school closure

Bittersweet Café- Farmington

Lunch for Students are available on Monday, Tuesday and Friday from 10-2



Sheetz is proud to announce a new Kidz Meal Bagz program providing free food to help children and families in need as a result of the COVID-19 pandemic.

Meal Bagz will be available all day starting Thursday, April 2 and will include a turkey sandwich, chips and a drink.

Families interested in taking advantage of the free Kidz Meal Bagz program should go to any Sheetz location and ask an employee for a meal at the register or through the drive-through.

Families will be offered one bag per child and meals will be available daily while supplies last.



Audible Stories

With schools closed in some parts of the world and parents choosing to keep their kids at home in many others, Amazon's Audible has launched Audible Stories, a new service providing free audiobooks to kids and teenagers everywhere. <https://stories.audible.com/start-listen>

All You Can Books is also offering free audible stories for 30 days. <https://www.allyoucanbooks.com>



Fayette County Behavioral Health Administration
215 Jacob Murphy Lane
Uniontown, PA 15401



Crisis Hotline **724-437-1003**
FCBHA Fraud and Abuse Hotline **866-275-6467**

 **Fayette County
Behavioral Health
Administration**

(724) 430-1370

Lisa A. Ferris
Chief Executive Officer

www.FCBHA.org



**Fayette County
Board of Commissioners**

Dave Lohr, Chairman
Vincent A. Vicites, First Vice Chairman
Scott Dunn, Second Vice Chairman

The ANSWER is a publication of the Fayette County Behavioral Health Administration.
Comments, questions or suggestions may be submitted to the Newsletter Editor at www.fcbha.org or
Fayette County Behavioral Health Administration, 215 Jacob Murphy Lane, Uniontown, PA 15401.