



The ANSWER

Fayette County Behavioral Health Administration Newsletter



Summer 2014

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Contact Us:
(724) 430-1370
www.FCBHA.org



Fayette County System of Care Kick Off

This past February, Fayette County became a Pennsylvania System of Care (SOC) Partner. The PA SOC provides technical assistance and funding to achieve systems that are youth / family driven and integrated, value natural and community supports, assure cultural and linguistic competence, and provide data for quality improvement. To officially **Kick Off** the Fayette County / PA SOC partnership, a two day forum was held to reinforce the CANS / Kidnet tools and system and move from assessment to planning with them firmly in place. The CANS/Kidnet infrastructure was implemented in Fayette County approximately two years ago with the goal of having a reliable assessment that can be shared among providers to aid in communication and service planning for children and families. Dr. Steven Herr PHD, CEO of Kidnet and Mark Lardner, MSW, LCSW-C, CANS Implementation Specialist were in town to conduct the meeting and share new information with attendees. Special guests included Clinicians, Direct Staff, Administrators, Evaluators, and Psychologists. Carol Over, FCBHA Consultant also did a great job of tying the principles of the CANS/Kidnet system to the PA SOC / Fayette County initiative. The symposium provided reinforcement of a process that is based around the goal of collaboration and planning to aid in the delivery of services and supports. The impact of the training was a renewed enthusiasm for what can be achieved. Going forward, two 3-hour sessions will be held July 30 and 31, 2014, at FCBHA for family and child providers to continue the process of mapping services in Fayette County. For more information about CANS/Kidnet training, please call (724) 430-1370 and ask for Kellie Gavran, Mental Health Program Manager or Michele Sherbondy. Information about the training can also be found on the [current events](http://www.FCBHA.org) page of our website www.FCBHA.org.

MISSION: To enrich lives by providing choice and access to resources that encourage hope, independence and recovery.

Mental Health Awareness Activities



Fayette County Commissioner Al Ambrosini reads the Mental Health Awareness Month Proclamation at the Commissioners Meeting in April. Joining him from left to right is Commissioner Vince Zapotosky, Commissioner Angela Zimmerlink, Mace Copeland and Shirley Kershey. Many activities and events took place throughout the month of May and it was a great way to kick off a summer season of connecting to the community.

Summer is a busy time for the staff at FCBHA, they are out and about in the community so that folks know who we are and the many programs and services made available to Fayette County residents. This busy season usually begins with Mental Health Awareness Month and this year was no different. Our goal and theme was to connect and that is what we've done. As a PA System of Care partner, a great deal of energy is being focused on our youth, that is why FCBHA sponsored a **Young Adult Panel Discussion** as the main event for 2014. The event took place on May 8, 2014 at the Fayette County Career and Technical Institute and was facilitated by Dr. Jo Ann Jankoski. Thirteen student participants from Albert Gallatin, Brownsville, Laurel Highlands and Uniontown School Districts discussed issues they are encountering and what can be done to help them manage their decisions more effectively. In the audience were parents and other adults from schools, service agencies, and other community organizations who were able to ask questions. A summary of the discussion produced some recommendations from the students:

- * Parents should take time and think before reacting
- * Adults should be better listeners and realize young adults are struggling
- * Like adults, young adults would like to be respected and valued
- * There should not be double standards on rules
- * Adults need to act like adults
- * Respect . . . you get what you give!

We sincerely appreciate the time and effort each student invested in the discussion and we thank them for the honesty and candor they brought to the table. Panel participants asked to have another meeting to share more of their thoughts. Gina Donkers, FCBHA MH Program Specialist will be the coordinator of this event.



FCBHA In the Community



Above—Faith Sible and Susan Wilson, Behavioral Health Program Specialists at the 14th Annual Value Behavioral Health Consumer Forum .

Right—The FCBHA information table in Point Marion over the Memorial Day weekend at the 35th Annual Albert Gallatin Regatta.



Below—Tina Pahula, Robyn Brady, and Aaron Trincia Early Intervention Specialist and Service Coordinators for FCBHA at the Fayette County Fun Fest in June. Fun Fest is an event that FCBHA strongly supports and attends to answer a myriad of questions attendees may have about Early Intervention and Mental Health programs and services in our area. Fun Fest, a free day of fun and games for children and families, provides the perfect opportunity for agencies to connect with people throughout the county. Over 2,200 attended Fun Fest this year .

Below—Legislators, Commissioners, Educators, Doctors, Administrators and Professionals in the fields of Mental Health and Drug and Alcohol Abuse come to the table to brainstorm on the subject of reversing the trend of substance abuse in Fayette County.



2014 Ten-Year Service Award Ceremony

FAYETTE COUNTY

BEHAVIORAL HEALTH ADMINISTRATION ADVISORY BOARD

10-YEAR SERVICE AWARD AND LUNCHEON

JUNE 25, 2014



Left: Joe Segilia; Master of Ceremonies, Bob Calisti, Lisa A. Ferris and Reverend Terry Sanders



Left: Joe Segilia, Lisa Ferris, Dr. Denise Martin, Betty Ann Rock

Below: Ben Crable, Sherri Mitchell, Lynn Orawiec FCBHA Supervisors and Directors.



Left: Lisa A Ferris, Chief Executive Officer of FCBHA making opening remarks

Right: Nicole Fijalkovic and Bob Calisti, FCBHA Human Resource Office



Pictured in the Group Photo from left to right:

Velma Gregg, Leslie Parsons, Brenda Buskirk, Jackie Carpeal, Caprese Jones, Michelle Shal, Terrie Davis, Bill Adams, Beverly Walker, Jennifer Landman, Barbara Keefer, Corinne Standish, Faith Lesniak, Danielle Davis, Jeff Serra, and Kitty Clingan. **Not Pictured:** Tammy Bixler, Patsy Pasqualucci, Rebecca Siar, John Zurick, Antoine Carwsell, Thomas Fike, Armand McCullum, Valorie Miller, Carlene Minor, Steven Morris, Deborah Zangakis, Tammy Graze, Bryson James, Lisa Baker, Le;u Storey.

Below: Beverly Walker and Kitty Clingan, Fayette Resources, Inc.



Above: Terrie Davis, Jeff Serra, Danielle Davis Southwest Behavioral Care, Inc. (SBC)

Left: Mother & Daughter , Velma Gregg and Caprese Jones of SBC and Goodwill of Southwestern PA.



Below: Susan Foster, Twin Trees, Inc.



Above: Jennifer Landman and Barbara Keefer, Mental Health Association in Fayette County



Above: Bill Adams, Crosskeys Human Services, Inc.



Above: Leslie Parsons, Jackie Carpeal, Brenda Buskirk and Michelle Shal of FCBHA



Above: Faith Lesniak and Corinne Stanish, Chestnut Ridge Counseling Services, Inc.



We Extend Our Sincere Gratitude to the
2014 Advisory Board Members for their
Volunteer Service to the Residents of Fayette County.

Your Knowledge and Guidance are Invaluable!

FCBHA Advisory Board Members

- Mr. Joseph Segilia, Chairman
- Dr. Denise Martin, Vice Chairwoman
- Ms. Betty Ann Rock, Secretary
- Mr. Joseph Ambrose
- Ms. Mary Grlovich
- Mr. Harry Joseph
- Dr. Joseph Labuda
- Ms. Veronica Martin
- Mr. Phil Michael
- Reverend Terry Sanders
- Dr. Malini Sridharan
- Reverend Dewvaal Tracy
- Commissioner Vince Zapotosky

**HealthChoices
Advisory Board Members**

- Mr. Lance Winterhalter, Chairman
- Mr. Vinny Weaver, Vice Chairman
- Ms. Carol Warman, Secretary
- Mr. Joseph Ambrose
- Ms. Marilyn Calloway
- Judge Linda Cordaro
- Ms. Jana Kyle
- Dr. Joseph Labuda
- Mr. Joe Segilia

Intelligence is the Ability
to Adapt to Change.

[Steven Hawking](#)

FCBHA STAFF NEWS - WELCOME TO OUR NEW EMPLOYEES

1. **Christine Collier started 4/16/14 as a Supports Coordinator.** She comes to us from Fayette County Children and Youth Services.
2. **Jamie Brame started 4/28/14 in the reception office as an Administrative Secretary.** Jamie was born in Brownsville and graduated from Brownsville High School. She currently lives in Uniontown with her husband Alan, 3 fur babies and 2 grandchildren. She loves to spend her free time shopping or out riding the Harley with Alan!!!
3. **Mary Cseripko started 4/28/14 as an Administrative Secretary.** Mary was born, raised and still lives in Uniontown. She has six sisters and is married with a son and a daughter. She is a graduate of Laurel Highlands High School and Laurel Business Institute with a diploma in Secretarial Science. Most of her family still lives in the surrounding area and family get-togethers are huge. Her dog, Doc, is a German short-haired pointer and a real sweetheart. She stays busy volunteering at her church, credit union, the Fayette County Fair, and the State Theatre. She is also a Notary Public.
4. **Nicole Kmetz started 4/28/14 in the reception office as Administrative Secretary.** She was born at Camp Lejeune, North Carolina on the Marine Corps Base. She went to high school at Frazier, has been married almost 13 years and is Mom to two boys, 11-year old Paul and 10-year old Connor.

CONGRATULATIONS TO PAT MORRISON ON A JOB WELL DONE

The Office of Mental Health Substance Abuse Services (OMHSAS) has provided an opportunity for four (4) members of the Commonwealth to attend the National Organization of Victims Assistance (NOVA) training of the trainer conference in Dallas, Texas July 20 – 26. The four participants are Dyana Thompson from Mercer County; Marie Plummer from Venango County; Phil Demara from Philadelphia County; and our very own Patrick Morrison, Mental Health Program Specialist. Upon completion of the conference the participants will be able to conduct regional NOVA trainings that will increase the Commonwealth's capacity to respond in a comprehensive manner during times of disaster and/or major crime .

MENTAL HEALTH FIRST AID TRAINING UPDATE

Three Adult and Children's Mental Health First Aid (MHFA) trainings were held at FCBHA in the spring. Mental Health First Aid is a public education program which introduces participants to the unique risk factors and warning signs of mental health problems, builds understanding of the importance of early intervention, and most importantly – teaches individuals how to help someone in crisis or experiencing a mental health or substance use challenge. Some additional, more targeted MHFA trainings are being planned for groups such as Law Enforcement –Paramedics -Firefighters; Educators and school support such as custodial and secretarial staff; and Faith-based and Community organizations such as Rotary, Kiwanis, Lions . If you are associated with any of the groups noted above and interested in a MHFA training, please contact Theresa at tl@fcbha.org .

The ANSWER

Fayette County Behavioral Health Administration
215 Jacob Murphy Lane
Uniontown, PA 15401



**Fayette County
Behavioral Health
Administration**

(724) 430-1370

Lisa A. Ferris
Chief Executive Officer

**Fayette County
Board of Commissioners**

Alfred F. Ambrosini, Chairman
Vince Zapotosky
Angela M. Zimmerlink

www.FCBHA.org

**FCBHA
Advisory Board
2014 Meeting Dates**

February 19, 2014
April 16, 2014
September 17, 2014
November 19, 2014

**215 Jacob Murphy Lane
Uniontown, PA 15401
724-430-1370**

(open to the public)
5:30 PM



**CANS / Kidnet Training
July 30 & 31, 2014**

**Seasonal Affective Disorders
DSM 5 Update (T289)**
September 10, 2014 – 9am-11am

**For a complete list
of Upcoming Events
And Trainings**

Go To:

**[http://www.fcbha.org/
Current.html](http://www.fcbha.org/Current.html)**

The ANSWER is a publication of the Fayette County Behavioral Health Administration.
Comments, questions or suggestions may be submitted to the Newsletter Editor at www.fcbha.org or
Fayette County Behavioral Health Administration, 215 Jacob Murphy Lane, Uniontown, PA 15401.